**Joseph H. Hammer, PhD**

*CV revised on 5/28/25*

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**PROFESSIONAL EXPERIENCE**

**Associate Professor**, July 2020 – Present

**Assistant Professor**,August 2015 – June 2020

* Counseling Psychology Program
* Department of Educational, School, and Counseling Psychology
* University of Kentucky (UK)

**Predoctoral Psychology Intern**,July 2014 – June 2015

* University of Maryland Counseling Center (APA-Accredited Internship)

**EDUCATION**

**Iowa State University (ISU)**

**Doctor of Philosophy**, August 2015

* Major: Counseling Psychology (APA-Accredited Program)
* Graduate Certificate in Quantitative Psychology
* Dissertation: *Development of the Help-Seeker Stereotype Scale* (Defended May 7, 2014)

**University of Missouri (MU)**

**Master of Education**, May 2009

* Major: Counseling Psychology, Community/Agency Track

**University of Illinois,** **Urbana-Champaign (UIUC)**

**Bachelor of Science**, December 2006

* Major: Psychology

**PROFESSIONAL CREDENTIALS**

**Licensed Psychologist**, Health Service Provider Designation, Kentucky License #173548 (5/12/2017)

**PEER-REVIEWED PUBLICATIONS – JOURNAL ARTICLES (*N* = 63)**

(\* denotes HAMMER Lab student at time of project)

Whitwer, M. D., Wilson, S. A., **Hammer, J. H.**, & Gomer, B. (2025). Mental health and treatment use in undergraduate engineering students: A comparative analysis to students in other academic fields of study. *Journal of Engineering Education*. DOI and PDF forthcoming.

**Hammer, J. H.,** Vogel, D. L., Grzanka, P. R., Kim, N.\*, Keum, B. T., Adams, C., & Wilson, S. A. (2024). The Integrated Behavioral Model of Mental Health Help Seeking (IBM-HS): A health services utilization theory of planned behavior for accessing care. *Journal of Counseling Psychology*, 71(5), 315-327. <https://dx.doi.org/10.1037/cou0000754> ([PDF](https://dx.doi.org/10.1037/cou0000754)) ([Visit the Integrated Behavioral Model of Mental Health Help Seeking webpage](https://helpseekingresearch.com/theory/ibm-hs/)).

**Hammer, J. H.,** Wright, C. J., Miller, M. E.\*, & Wilson, S. A. (2024). The Undergraduate Engineering Mental Health Help-Seeking Instrument (UE-MH-HSI): Development and validity evidence. *Journal of Engineering Education*, 1-28*.* <https://dx.doi.org/10.1002/jee.20615> ([PDF](https://onlinelibrary.wiley.com/doi/epdf/10.1002/jee.20615)) ([Visit the Undergraduate Engineering Mental Health Help-Seeking Instrument webpage](https://engineeringmentalhealth.com/the-undergraduate-engineering-mental-health-help-seeking-instrument-ue-mh-hsi/))

Vogel, D. L., Zhao, N, Vidales, C., Brenner, R. E., Heath, P. J., **Hammer, J. H.**, & Wade, N. G. (2024). Extending the Theoretical Understanding of Mental Illness and Help Seeking Self-Stigmas. *Stigma and Health*. Advance online publication. <https://doi.org/10.1037/sah0000570> (PDF forthcoming)

**Hammer, J. H.**, Verty, V. P. A., Hauber, A.\*, & Kim, N.\* (2024). What attributes of integrated health care for mental health are the most important to potential consumers? A relative ranking study. *The Journal of Behavioral Health Services & Research*, 51, 451-461. <https://doi.org/10.1007/s11414-024-09883-6> ([PDF](https://rdcu.be/dB4Cj))

Aspiranti, K. B., Hulac, D. M., **Hammer, J. H.**, & Blake, J. (2023). Reputable and affordable programs with a strong commitment to diversity: Factors influencing school psychology student admission decisions. *School Psychology*. Advance online publication. <https://doi.org/10.1037/spq0000579>

Wright, C. J., Wilson, S. A., **Hammer, J. H.**, Hargis, L. E., Miller, M. E.\*, & Usher, E. L. (2023). Mental health in undergraduate engineering students: Identifying facilitators and barriers to seeking help. *Journal of Engineering Education,* *112*(4), 963-986. <https://doi.org/10.1002/jee.20551> ([PDF](https://onlinelibrary.wiley.com/doi/epdf/10.1002/jee.20551))

Brenner, R. E., Colvin, K. F., **Hammer, J. H.,** & Vogel, D. L. (2021). Using Item Response Theory to develop Revised (SSOSH-7) and Ultra-Brief (SSOSH-3) Self-Stigma of Seeking Help Scales. *Assessment, 28(5)*, 1488-1499. <http://dx.doi.org/10.1177/1073191120958496> ([PDF](https://www.researchgate.net/publication/344394736_Using_Item_Response_Theory_to_Develop_Revised_SSOSH-7_and_Ultra-Brief_SSOSH-3_Self-Stigma_of_Seeking_Help_Scales))

**Hammer, J. H.**, Perrin, P. B., & Spiker, D. A.\* (2021). Impact of integrated care and co-location of care on mental help-seeking perceptions. *Journal of Mental Health, 30*(4), 405-410*.* <http://dx.doi.org/10.1080/09638237.2019.1581334> ([PDF](http://drjosephhammer.com/wp-content/uploads/2019/02/Hammer-et-al-2019-Impact-of-Integrated-Care-and-Co-Location-of-Care-on-Mental-Help-Seeking-Perceptions.pdf))

Dschaak, Z. A.\*, Spiker, D. A.\*, Berney, E. C.\*, Miller, M. E.\*, & **Hammer, J. H.** (2021). Collegian help seeking: The role of self-compassion and self-coldness. *Journal of Mental Health, 30*(3), 284-291. <http://dx.doi.org/10.1080/09638237.2019.1677873> ([PDF](http://drjosephhammer.com/wp-content/uploads/2019/09/Dschaak-19-Collegian-Help-Seeking-Role-of-Self-Compassion-and-Self-Coldness.pdf))

Spiker, D. A.\*, & **Hammer, J. H.** (2021). A model of intention to provide mental health first aid in college students. *Journal of Mental Health, 30*(3), 276-283*.* <http://dx.doi.org/10.1080/09638237.2019.1644493> ([PDF](http://drjosephhammer.com/wp-content/uploads/2019/09/Spiker-19-Model-of-Intention-to-Provide-Mental-Health-First-Aid-in-College-Students.pdf))

Dschaak, Z. A.\*, & **Hammer, J. H.** (2020). Intention to seek help among three categories of substance-using college students: Which factors matter? *Journal of Substance Use, 25*(5), 501-506. <http://dx.doi.org/10.1080/14659891.2020.1736668> ([PDF](http://drjosephhammer.com/wp-content/uploads/2020/02/Dshaak-2020-Intention-to-seek-help-among-three-categories-of-substance-using-college-students.pdf))

Levant, R. F., McDermott, R. C., Parent, M. C., Alshabani, N., Mahalik, J., & **Hammer, J. H.** (2020). Development and evaluation of a new short form of the Conformity to Masculine Norms Inventory (CMNI-30). *Journal of Counseling Psychology, 67*(5), 622-636. <http://dx.doi.org/10.1037/cou0000414> ([PDF](https://www.researchgate.net/publication/339008588_Development_and_evaluation_of_a_new_short_form_of_the_Conformity_to_Masculine_Norms_Inventory_CMNI-30))

McDermott, R. C., Borgogna, N. C., **Hammer, J. H.**, Berry, A. T., & Levant, R. F. (2020). More similar than different? Testing the construct validity of men's and women's traditional masculinity ideology using the MRNI-VB. *Psychology of Men and Masculinities, 21*(4), 523-532. <http://dx.doi.org/10.1037/men0000251> ([PDF](https://www.researchgate.net/profile/Ryon_Mcdermott/publication/338056644_More_similar_than_different_Testing_the_construct_validity_of_men's_and_women's_traditional_masculinity_ideology_using_the_Male_Role_Norms_Inventory-Very_Brief/links/5e024dec92851c83649913fa/More-similar-than-different-Testing-the-construct-validity-of-mens-and-womens-traditional-masculinity-ideology-using-the-Male-Role-Norms-Inventory-Very-Brief.pdf))

Dawson, N.\*, & **Hammer, J. H.** (2020). No pain, no gains: Conformity to masculine norms, body dissatisfaction, and exercise dependence. *Psychology of Men and Masculinities, 21*(3), 430-440*.* <http://dx.doi.org/10.1037/men0000243> ([PDF](http://drjosephhammer.com/wp-content/uploads/2019/09/Dawson-2020-No-pain-no-gains-Conformity-to-masculine-norms-body-dissatisfaction-and-exercise-dependence.pdf))

Spiker, D. A.\*, Berney, E. C.\*, **Hammer, J. H.**, & Jensen, K. C. (2020). Maintaining the relationship: Relational schemas and women’s intent to seek couple therapy. *The Counseling Psychologist, 48*(6), 801-825. <https://doi.org/10.1177/0011000020918400> ([PDF](http://drjosephhammer.com/wp-content/uploads/2019/09/Spiker-19-Maintaning-the-Relationship-Relational-Schemas-and-Womens-Intent-to-Seek-Couple-Therapy.pdf)) ([Link to TCP Podcast episode about the article](https://podcasts.apple.com/us/podcast/maintaining-relationship-relational-schemas-womens/id871125966))

**Hammer, J. H.**, Wade, N. G. & Cragun, R. T. (2020). Valid assessment of spiritual quality of life with the WHOQOL-SRPB BREF across religious, spiritual, and secular persons: A psychometric study. *Psychology of Religion and Spirituality, 12*(4), 440-450*.* <http://dx.doi.org/10.1037/rel0000266> ([PDF](http://drjosephhammer.com/wp-content/uploads/2019/03/Hammer-Wade-Cragun-2019-Valid-Assessment-of-Spiritual-Quality-of-Life-with-the-WHOQOL-SRPB-BREF-across-Religious-Spiritual-and-Secular-Persons.pdf)) ([Link to supplemental material](http://drjosephhammer.com/wp-content/uploads/2019/04/SRPB-PRS_MASKED_TBD_supp-v3.docx))

**Hammer, J. H.**, & Cragun, R. T. (2019). Daily spiritual experiences and well-being among the nonreligious, spiritual, and religious: A bifactor analysis. *Psychology of Religion and Spirituality, 11*(4), 463-473*.*<http://dx.doi.org/10.1037/rel0000248> ([PDF](http://drjosephhammer.com/wp-content/uploads/2019/03/Hammer-Cragun-2019-Daily-Spiritual-Experiences-and-Well-Being-among-the-Nonreligious-Spiritual-and-Religious-A-Bifactor-Analysis.pdf)) ([Link to supplemental material](http://drjosephhammer.com/wp-content/uploads/2019/04/DSES-PRS_MASKED_TBD_supp-v1.docx))

McDermott, R. C., Levant, R. L., **Hammer, J. H.**, Borgogna, N. C., & McKelvey, D. K. (2019). Development and validation of a five-item Male Role Norms Inventory using bifactor modeling. *Psychology of Men & Masculinities, 20*(4), 467-477. <http://dx.doi.org/10.1037/men0000178> ([PDF](https://insights.ovid.com/psychology-men-masculinities/pmms/2019/10/000/development-validation-five-item-male-role-norms/2/02112925))

**Hammer, J. H.**, & Lazar, A. (2019). Internal Structure and criterion relationships for long and brief versions of the Intratextual Fundamentalism Scale (IFS) among Israeli Jews. *Psychology of Religion and Spirituality, 11*(4), 358-367. <http://dx.doi.org/10.1037/rel0000148> ([PDF](http://drjosephhammer.com/wp-content/uploads/2016/04/Hammer-17-Intratextual-Fundamentalism-Scale-IFS.pdf))

Spiker, D. A.\*, & **Hammer, J. H.**, & Parnell, K. J. (2019). Men in unhappy relationships: Perceptions of couple therapy. *Journal of Social and Personal Relationships, 36*, 2015-2034. <http://dx.doi.org/10.1080/09638237.2018.1437613> ([PDF](http://drjosephhammer.com/wp-content/uploads/2019/09/Spiker-2019-Men-in-unhappy-relationships-Perceptions-of-couple-therapy.pdf))

**Hammer, J. H.**, Spiker, D. A.\*, & Perrin, P. B. (2019). Physician referral to a psychologist: Testing alternative behavioral healthcare seeking models. *Journal of Clinical Psychology, 75*, 726-741.<http://dx.doi.org/10.1002/jclp.22729> ([PDF](http://drjosephhammer.com/wp-content/uploads/2019/09/Hammer-2019-Physician-referral-to-a-psychologist-Testing-alternative-behavioral-healthcare-seeking-models.pdf))

Spiker, D. A.\*, & **Hammer, J. H.** (2019). Mental health literacy as theory: Current challenges and future directions. *Journal of Mental Health, 28*, 238-242. <http://dx.doi.org/10.1080/09638237.2018.1437613> ([PDF](http://drjosephhammer.com/wp-content/uploads/2019/09/Spiker-2019-Mental-health-literacy-Current-challenges-and-future-directions.pdf))

Kivlighan, D. M., III, Jung, A. K., Berkowitz, A., **Hammer, J. H.**, & Collins, N. M. (2019) ‘To show or no-show’? Therapist racial/ethnic disparities in clients’ nonattendance in therapy. *Journal of College Student Psychotherapy, 33*, 1-13. <http://dx.doi.org/10.1080/87568225.2018.1424597>  ([PDF](http://drjosephhammer.com/wp-content/uploads/2019/09/Kivlighan-2019-Therapist-racial-ethnic-disparities-in-clients-nonattendance-in-therapy.pdf))

Rostosky, S., Cardom, J. D., **Hammer, J. H.**, & Riggle, D. B. (2018). LGB positive identity and psychological well-being. *Psychology of Sexual Orientation and Gender Diversity, 5*, 482-489. <http://dx.doi.org/10.1037/sgd0000298>

Lazar, A., & **Hammer, J. H.** (2018). Religiousness and anti-gay/lesbian attitudes: The mediating function of intratextual religious fundamentalism. *Psychology of Violence, 8*, 763-771.  <https://doi.org/10.1037/vio0000197>

**Hammer, J. H.**, Heath, P. J., & Vogel, D. L. (2018). Fate of the total score: Dimensionality of the Conformity to Masculine Role Norms Inventory (CMNI-46). *Psychology of Men & Masculinity, 19*, 645-651. <https://doi.org/10.1037/men0000147> ([PDF](http://drjosephhammer.com/wp-content/uploads/2019/09/Hammer-2018-Fate-of-the-total-score-Dimensionality-of-the-Conformity-to-Masculine-Norms-Inventory-CMNI-46.pdf)) ([Video Summary](https://youtu.be/XQYGImWdydE))

**Hammer, J. H.**, & Spiker, D. A.\* (2018). Dimensionality, reliability, and predictive evidence of validity for three help seeking intention instruments: ISCI, GHSQ, and MHSIS. *Journal of Counseling Psychology, 65,* 394-401. <https://doi.org/10.1037/cou0000256> ([PDF](https://www.researchgate.net/publication/322701616_Dimensionality_reliability_and_predictive_evidence_of_validity_for_three_help-seeking_intention_instruments_ISCI_GHSQ_and_MHSIS)) ([Visit the Mental Help Seeking Intention Scale webpage](http://drjosephhammer.com/research/mental-help-seeking-intention-scale-mhsis/))

**Hammer, J. H.**, & Parent, M. C., & Spiker, D. A.\* (2018). Mental Help Seeking Attitudes Scale (MHSAS): Development, reliability, validity, and comparison with the ATSSPH-SF and IASMHS-PO. *Journal of Counseling Psychology, 65,* 74-85. <https://doi.org/10.1037/cou0000248>  ([PDF](http://drjosephhammer.com/wp-content/uploads/2019/09/Hammer-2018-Mental-Help-Seeking-Attitudes-Scale-MHSAS-Development-reliability-validity-and-comparison-with-the-ATSSPH-SF-and-IASMHS-PO.pdf)) ([Visit the Mental Help Seeking Attitudes Scale webpage](http://drjosephhammer.com/research/mental-help-seeking-attitudes-scale-mhsas/))

**Hammer, J. H.**, & McDermott, R. C., Levant, R. F., & McKelvey, D. K. (2018). Dimensionality, reliability, and validity of the Gender Role Conflict Scale – Short Form (GRCS-SF). *Psychology of Men & Masculinity, 19*, 570-583. <https://psycnet.apa.org/record/2017-39099-001> ([PDF](https://www.researchgate.net/publication/319597608_Dimensionality_Reliability_and_Validity_of_the_Gender-Role_Conflict_Scale-Short_Form_GRCS-SF))

Cragun, R. T., **Hammer, J. H.**, Nielsen, M., & Autz, N. (2018). Religious/secular distance: How far apart are teenagers and their parents? *Psychology of Religion and Spirituality, 10,* 288-295. <http://dx.doi.org/10.1037/rel0000205> ([PDF](https://www.ryantcragun.com/religious-secular-distance-how-far-apart-are-teenagers-and-their-parents/))

Parnell, K. J. & **Hammer, J. H.** (2018). Deciding on couple therapy: The role of masculinity in relationship help-seeking. *Psychology of Men & Masculinity, 19,* 212-222. <http://dx.doi.org/10.1037/men0000098>  ([PDF](http://drjosephhammer.com/wp-content/uploads/2019/09/Parnell-2018-Deciding-on-couples-therapy-The-role-of-masculinity-in-relationship-help-seeking.pdf))

Singley, D. B., Cole, B. P., **Hammer, J. H.**, Molloy, S., Rowell, A., & Isaaco, A. (2018). Development and psychometric evaluation of the Paternal Involvement with Infants Scale. Psychology of Men & Masculinity, 19, 167-183. <http://dx.doi.org/10.1037/men0000094> ([PDF](https://www.researchgate.net/publication/313939606_Development_and_Psychometric_Evaluation_of_the_Paternal_Involvement_With_Infants_Scale))

Parent, M. C., **Hammer, J. H.**, Bradstreet, T. C., Schwartz, E. N, & Jobe, T. (2018). Men’s mental health help-seeking behaviors: An intersectional analysis. American Journal of Men’s Health, 12*,* 64-73.  <http://dx.doi.org/10.1177/1557988315625776>

**Hammer, J. H.**, & Brenner, R. E. (2017). Disentangling gratitude: A theoretical and psychometric examination of the Gratitude Resentment and Appreciation Test- Revised Short (GRAT-RS). Journal of Personality Assessment, 14*,* 1-10. <http://dx.doi.org/10.1080/00223891.2017.1344986> ([PDF](http://drjosephhammer.com/wp-content/uploads/2019/09/Hammer-2017-Disentangling-gratitude-A-theoretical-and-psychometric-examination-of-the-Gratitude-Resentment-and-Appreciation-Test-Revised-Short-GRAT-RS.pdf))

McDermott, R., Levant, R. F., **Hammer, J. H.**, Hall, R., McKelvey, D., & Jones, Z. (2017). Further examination of the factor structure of the Male Role Norms Inventory-Short Form (MRNI-SF): Measurement considerations for women, men of color, and gay men. Journal of Counseling Psychology, 64*,* 724-738. <http://dx.doi.org/10.1037/cou0000225> ([PDF](https://www.researchgate.net/publication/317159060_Further_Examination_of_the_Factor_Structure_of_the_Male_Role_Norms_Inventory-Short_Form_MRNI-SF_Measurement_Considerations_for_Women_Men_of_Color_and_Gay_Men))

**Hammer, J. H.,** & Toland, M. D. (2017). Internal structure and reliability of the Internalized Stigma of Mental Illness Scale (ISMI-29) and brief versions (ISMI-10, ISMI-9) among Americans with depression. Stigma and Health, 2, 159-174. <http://dx.doi.org/10.1037/sah0000049> ([PDF](https://www.researchgate.net/publication/305338659_Internal_structure_and_reliability_of_the_Internalized_Stigma_of_Mental_Illness_Scale_ISMI-29_and_Brief_Versions_ISMI-10_ISMI-9_among_Americans_with_depression)) ([Visit the Internalized Stigma of Mental Illness Scale-9 webpage](http://drjosephhammer.com/research/internalized-stigma-of-mental-illness-scale-9-ismi-9/))

**Hammer, J. H.**, & Vogel, D. V. (2017). Development of the Help-Seeker Stereotype Scale. Stigma and Health, 2*,* 121-136. <http://dx.doi.org/10.1037/sah0000048> ([PDF](https://www.researchgate.net/publication/305338659_Internal_structure_and_reliability_of_the_Internalized_Stigma_of_Mental_Illness_Scale_ISMI-29_and_Brief_Versions_ISMI-10_ISMI-9_among_Americans_with_depression)) [(Visit the Help-Seeker Stereotype Scale webpage](http://drjosephhammer.com/research/help-seeker-stereotype-scale-hsss/))

Beck, N. C., **Hammer, J. H.**, Robbins, S., Tubbesing, T., Menditto, A., & Pardee, A. (2017). Highly aggressive women in a forensic psychiatric hospital. The Journal of the American Academy of Psychiatry and the Law, *45,* 17-24. <https://pubmed.ncbi.nlm.nih.gov/28270458/> ([PDF](http://jaapl.org/content/jaapl/45/1/17.full.pdf))

Cragun, R. T., Sumerau, J. E., Blyde, V. L., Mann, M., & **Hammer, J. H.** (2016). Perceived marginalization, educational contexts, and (non)religious educational experience. Journal of College and Character, 17, 242-254. <http://dx.doi.org/10.1080/2194587X.2016.1230758> ([PDF](https://www.ryantcragun.com/perceived-marginalization-educational-contexts-and-nonreligious-educational-experience/))

Brewster, M. E., **Hammer, J. H.**, Sawyer, J., Eklund, A., & Palamar, J. (2016). Perceived experiences of atheist discrimination: Instrument development and evaluation. Journal of Counseling Psychology, 63*,* 557-570. <http://dx.doi.org/10.1037/cou0000156> ([PDF](http://drjosephhammer.com/wp-content/uploads/2019/09/Brewster-2016-Perceived-experiences-of-athiest-discrimination-Instrumental-development-and-evaluation.pdf))

Isacco, A., **Hammer, J. H.**, Shen-Miller, D. S. (2016). Outnumbered, but meaningful: The experience of male doctoral students in professional psychology training programs. Training and Education in Professional Psychology, 10*,* 45-53. <http://dx.doi.org/10.1037/tep0000107> ([PDF](https://www.researchgate.net/publication/287797437_Outnumbered_but_Meaningful_The_Experience_of_Male_Doctoral_Students_in_Professional_Psychology_Training_Programs))

Langston, J., **Hammer, J. H.**, & Cragun, R. (2015). Atheism looking in: On the goals and strategies of organized nonbelief. Science, Religion, and Culture, 2*,* 70-85. <http://dx.doi.org/10.17582/journal.src/2015/2.3.70.85> ([PDF](https://researcherslinks.com/current-issues/Atheism-Looking-In-On-the-Goals-and-Strategies-of-Organized-Nonbelief/9/16/121))

Cragun, R. T., & **Hammer, J. H.,** Harder, B. M., Fernandez, C., & Nielsen, M. (2015). The NonReligious-NonSpiritual Scale (NRNSS): Measuring everyone from Atheists to Zionists. Science, Religion, and Culture, 3*,* 36-53. <http://dx.doi.org/10.17582/journal.src/2015/2.3.36.53> ([PDF](https://www.ryantcragun.com/the-nonreligious-nonspiritual-scale-nrnss-measuring-everyone-from-atheists-to-zionists/))

Alfred, G. C., **Hammer, J. H.**, & Good, G. (2014). Male student veterans: Hardiness, psychological well-being, and masculine norms. *Psychology of Men & Masculinity, 15,* 95-99. <http://dx.doi.org/10.1037/a0031450> ([PDF](http://drjosephhammer.com/wp-content/uploads/2019/09/Alfred-2014-Male-student-veterans-Hardiness-psychological-well-being-and-masculine-norms.pdf))

Vogel, D. L., Wester, S. R., **Hammer, J. H.**, & Downing-Matibag, T. (2014). Referring men to seek help: The influence of gender role conflict and stigma. *Psychology of Men* & *Masculinity, 15,* 60-67. <http://dx.doi.org/10.1037/a0031761> ([PDF](https://www.researchgate.net/publication/263924633_Referring_Men_to_Seek_Help_The_Influence_of_Gender_Role_Conflict_and_Stigma#fullTextFileContent))

**Hammer, J. H.**, & Vogel, D. V. (2013). Assessing the utility of the willingness/prototype model in predicting help-seeking decisions. *Journal of Counseling Psychology, 60,* 83-97. <http://dx.doi.org/10.1037/a0030449> ([PDF](http://drjosephhammer.com/wp-content/uploads/2019/09/Hammer-2013-Assessing-the-utility-of-the-willingness-prototype-model-in-predicting-help-seeking-decisions.pdf))

**Hammer, J. H.**, Vogel, D. V., & Heimerdinger-Edwards, S. (2013). Men’s help seeking: Examination of differences across community size, education, and income. *Psychology of Men & Masculinity, 14,* 65-75. <http://dx.doi.org/10.1037/a0026813> ([PDF](https://www.researchgate.net/publication/232579227_Men's_Help_Seeking_Examination_of_Differences_Across_Community_Size_Education_and_Income))

**Hammer, J. H.**, Cragun, R. T., & Hwang, K. (2013). Measuring spiritual fitness: Atheist military personnel, veterans, and civilians. *Military Psychology, 25,*438-451. <http://dx.doi.org/10.1037/mil0000010> ([PDF](https://www.researchgate.net/publication/259850374_Measuring_Spiritual_Fitness_Atheist_Military_Personnel_Veterans_and_Civilians))

Tucker, J. R., **Hammer, J. H.**, Vogel, D. L., Bitman, R. L., & Wade, N. G. (2013). Disentangling stigmas: Are mental-illness and help-seeking stigmas distinct. *Journal of Counseling Psychology, 60,*520-531. <http://dx.doi.org/10.1037/a0033555> ([PDF](https://www.researchgate.net/publication/244479828_Disentangling_Self-Stigma_Are_Mental_Illness_and_Help-Seeking_Self-Stigmas_Different))

Vogel, D. L., Bitman, R. L., **Hammer, J. H.**, & Wade, N. G. (2013). Is stigma internalized? The longitudinal impact of public stigma on self-stigma. *Journal of Counseling Psychology, 60,*311-316. <http://dx.doi.org/10.1037/a0031889> ([PDF](https://www.researchgate.net/publication/235668219_Is_Stigma_Internalized_The_Longitudinal_Impact_of_Public_Stigma_on_Self-Stigma))

Vogel, D. L., Armstrong, P. I., Tsai, P-C., Wade, N. G., **Hammer, J. H.**, Efstathiou, G., Holtham, E., Kouvaraki, E., Liao, H-Y., Shechtman, Z., & Topkaya, N. (2013). Cross-cultural validity of the Self-Stigma of Seeking Help (SSOSH) scale: Examination across six nations. *Journal of Counseling* Psychology, 60*,* 303-310. <http://dx.doi.org/10.1037/a0032055> ([PDF](https://www.researchgate.net/publication/235785924_Cross-Cultural_Validity_of_the_Self-Stigma_of_Seeking_Help_SSOSH_Scale_Examination_Across_Six_Nations))

**Hammer, J. H.**, Cragun, R., Hwang, K., & Smith, J. (2012). Forms, frequency, and correlates of perceived anti-atheist discrimination. *Secularism & Nonreligion, 1,* 43-67. <http://dx.doi.org/10.5334/snr.ad> ([PDF](https://secularismandnonreligion.org/articles/10.5334/snr.ad))

Cragun, R., Kosmin, B., Keysar, A., **Hammer, J. H.**, & Nielsen, M. (2012). On the receiving end: Discrimination toward the non-religious. *Journal of Contemporary Religion, 27,* 105-127. <http://dx.doi.org/10.1080/13537903.2012.642741> ([PDF](https://www.ryantcragun.com/on-the-receiving-end-discrimination-toward-the-non-religious/))

Cragun, R. T., Henry, P., Homan, C. P., & **Hammer, J. H.** (2012). Whom do people dislike more: Atheists or cultists? *Interdisciplinary Journal of Research on Religion, 8,* 1-19. <http://www.religjournal.com/pdf/ijrr08009.pdf> ([PDF](http://www.ryantcragun.com/whom-do-people-dislike-more-atheists-or-cultists/))

**Hammer, J. H.**, Springer, J., Beck, N., Menditto, A., & Coleman, J. (2011). Seclusion and restraint: Relationship with childhood sexual and physical abuse. *Journal of Interpersonal Violence, 26,* 567-579. <http://dx.doi.org/10.1177/0886260510363419> ([PDF](https://www.researchgate.net/publication/42255440_The_Relationship_Between_Seclusion_and_Restraint_Use_and_Childhood_Abuse_Among_Psychiatric_Inpatients))

Hwang, K., **Hammer, J. H.**, & Cragun, R. (2011). Extending the religion-health research to secular minorities: Issues and concerns. *Journal of Religion and Health, 50,* 608-622. <http://dx.doi.org/10.1007/s10943-009-9296-0> ([PDF](http://drjosephhammer.com/wp-content/uploads/2019/09/Hwang-2011-Extending-the-religion-health-research-to-secular-minorities.pdf))

Cragun, R. T., & **Hammer, J. H.** (2011). “One person’s apostate is another person’s convert”: What terminology tells us about pro-religious hegemony in the sociology of religion. *Humanity and Society, 35,* 159-175. <http://dx.doi.org/10.1177/016059761103500107> ([PDF](https://www.ryantcragun.com/one-persons-apostate-is-another-persons-convert-reflections-on-pro-religion-hegemony-in-the-sociology-of-religion/))

Vogel, D., Heimerdinger-Edwards, S., **Hammer, J. H.**, & Hubbard, A. (2011). “Boys don’t cry”: Examination of the links between endorsement of masculine norms, self-stigma and help-seeking attitudes for men from diverse backgrounds. *Journal of Counseling Psychology, 58,* 368-382. <http://dx.doi.org/10.1037/a0023688> ([PDF](https://www.researchgate.net/publication/51189946_Boys_Don't_Cry_Examination_of_the_Links_Between_Endorsement_of_Masculine_Norms_Self-Stigma_and_Help-Seeking_Attitudes_for_Men_From_Diverse_Backgrounds))

Heimerdinger-Edwards, S., Vogel, D., & **Hammer, J. H.** (2011). Extending sexual objectification theory and research to minority populations, couples, and men. *The Counseling Psychologist, 39,* 140-152. <http://dx.doi.org/10.1177/0011000010383894> ([PDF](https://www.researchgate.net/publication/258192154_Extending_Sexual_Objectification_Theory_and_Research_to_Minority_Populations_Couples_and_Men))

**Hammer, J. H.**, & Good, G. (2010). Positive psychology: An empirical examination of beneficial aspects of endorsement of masculine norms. *Psychology of Men & Masculinity, 11,* 303-318. <http://dx.doi.org/10.1037/a0019056> ([PDF](http://drjosephhammer.com/wp-content/uploads/2019/09/Hammer-2010-Positive-psychology-An-empirical-examination-of-beneficial-aspects-of-endorsement-of-masculine-norms.pdf))

**Hammer, J. H.** & Vogel, D. L. (2010). Men’s help seeking for depression: The efficacy of a male-sensitive brochure about therapy. *The Counseling Psychologist, 38,* 296-313. <http://dx.doi.org/10.1177/0011000009351937> ([PDF](https://www.researchgate.net/publication/228344967_Men's_Help_Seeking_for_Depression_The_Efficacy_of_a_Male-Sensitive_Brochure_About_Counseling)) [(Download a copy of the male-sensitive brochure developed for this study)](https://drive.google.com/open?id=0B6KRvHEEGSIjeThyM190aGlVdk0)

Spanierman, L. B., Neville, H. A., Liao, H., **Hammer, J. H.**, & Wang, Y. (2008). Participation in formal and informal campus diversity experiences: Effects on students' racial democratic beliefs. *Journal of Diversity in Higher Education, 1,* 108-125. <http://dx.doi.org/10.1037/1938-8926.1.2.108> ([PDF](https://www.researchgate.net/publication/232578167_Participation_in_Formal_and_Informal_Campus_Diversity_Experiences_Effects_on_Students'_Racial_Democratic_Beliefs))

**PEER-REVIEWED PUBLICATIONS – CONFERENCE PROCEEDING PAPERS (*N* = 15)**

(\* denotes HAMMER Lab student at time of project)

Vick, E., Whitwer, M., Gomer, B., **Hammer, J. H.**, & Wilson, S. A. (2025, June). *Engineering student mental health status across gender identities: Analysis of data from the Healthy Minds Study*. American Society for Engineering Education, Montreal, CA. (PDF forthcoming)

Mountain, D., Pitcher, G., Evermann, K., Tapia, A., **Hammer, J. H.**, & Wilson, S. A. (2025, June). *Analysis of Student Survey Responses for use in Focus Groups Addressing Engineering Student Mental Health*. American Society for Engineering Education, Montreal, CA. (PDF forthcoming)

Whitwer, M., Wilson, S. A., & **Hammer, J. H.** (2025, June). *Refining an instrument to measure mental health help-seeking beliefs in engineering students*. American Society for Engineering Education, Montreal, CA. (PDF forthcoming)

Huth, A., Whitwer, M., Mirabelli, J., **Hammer, J. H.**, Wilson, S. A. (2025, June). *Identifying response trends across mental health help-seeking beliefs in first-year engineering students using Latent Class Analysis (LCA).* American Society for Engineering Education, Montreal, CA. (PDF forthcoming)

Wilson, S. A., Huth, A., Lamer, S., **Hammer, J. H.,** & Whitwer, M. (2024, June). *Investigating perceptions that predict mental health related help-seeking in first-year engineering students*. American Society for Engineering Education, Portland, OR. ([PDF](https://peer.asee.org/investigating-perceptions-that-predict-mental-health-related-help-seeking-in-first-year-engineering-students.pdf))

Wilson, S.A., **Hammer, J. H.**, & Henderson, J. A., & Frizell, S. S. (2024, June). *Improving the validity of an instrument to measure mental health help-seeking beliefs for diverse institutional contexts.* American Society for Engineering Education Annual Conference, Portland, MD. ([PDF](https://nemo.asee.org/public/conferences/344/papers/42521/view))

Wilson, S. A., Blaber, I. P., Hancock, J. M., Pitcher, G. R., & **Hammer, J. H.** (2023, September). *Delivery of mental health training across a College of Engineering*. European Society for Engineering Education Annual Conference, Dublin, IR. ([PDF](https://arrow.tudublin.ie/sefi2023_prapap/89/))

Ban, N., Mensah, L. O., Whitwer, M., Hargis, L. E., Wright, C. J., **Hammer, J. H.**, & Wilson, S. A. (2023, June). “*It's very important to my professors…at least most of them”: How messages from engineering faculty and staff influence student beliefs around seeking help for their mental health*. American Society for Engineering Education Annual Conference, Baltimore, MD. ([PDF](https://peer.asee.org/it-s-very-important-to-my-professors-at-least-most-of-them-how-messages-from-engineering-faculty-and-staff-influence-student-beliefs-around-seeking-help-for-their-mental-health.pdf))

Whitwer, M., Wilson, S. A., & **Hammer, J. H.** (2023, October). *Engineering mental health and help-seeking - Analysis of national data from the Healthy Minds Study*, IEEE ASEE Frontiers in Education, College Station, TX. ([PDF](https://www.computer.org/csdl/proceedings-article/fie/2023/10343045/1TsCad5V9eg))

Wilson, S. A., Wilder, K., Blackburn-Lynch, W., **Hammer, J. H.**, & Dailey, D. (2022, Summer). *Investigating mental health distress and help-seeking perceptions in first-year engineering students*. American Society for Engineering Education Annual Conference, Minneapolis. ([PDF](https://peer.asee.org/investigating-mental-health-distress-and-help-seeking-perceptions-in-first-year-engineering-students.pdf))

Ban, N., Shannon, H., Wright, C. J., Miller, M. E.\*, Hargis, L. E., Usher, E. L., **Hammer, J. H.**, & Wilson, S. A. (2022, Summer). *Identifying common perceived stressors and stress-relief strategies among undergraduate engineering students*. American Society for Engineering Education Annual Conference, Minneapolis. ([PDF](https://peer.asee.org/identifying-common-perceived-stressors-and-stress-relief-strategies-among-undergraduate-engineering-students.pdf))

Wilson, S., & **Hammer, J. H.**, & Miller, M.\*, & Wright, C., & Hargis, L., & Usher, E. (2022, Summer). *Identifying mental health related help-seeking beliefs in undergraduate engineers*. American Society for Engineering Education Annual Conference, Minneapolis. ([PDF](https://peer.asee.org/identifying-mental-health-related-help-seeking-beliefs-in-undergraduate-engineers.pdf))

Wilson, S.A., **Hammer, J. H.**, & Usher, E. L. (2021, Summer). *Faculty experiences with undergraduate engineering student mental health*. American Society for Engineering Education Annual Conference, Long Beach, CA, United States. ([PDF](https://peer.asee.org/faculty-experiences-with-undergraduate-engineering-student-mental-health))

Wright, C. J., Miller, M. E.\*, Hargis, L. E., Usher, E. L., **Hammer, J. H.**, & Wilson, S. A. (2021, Summer). *Identifying engineering students’ beliefs about seeking help for mental health concerns*. American Society for Engineering Education Annual Conference, Long Beach, CA. ([PDF](https://peer.asee.org/identifying-engineering-students-beliefs-about-seeking-help-for-mental-health-concerns))

Hargis, L. E., Wright, C. J., Miller, M. E.\*, Usher, E. L., **Hammer, J. H.**, & Wilson, S. A. (2021, Summer). *Relationship between mental health concerns and help-seeking attitudes and behaviors among engineering students*. American Society for Engineering Education Annual Conference, Long Beach, CA, United States. ([PDF](https://peer.asee.org/relationship-between-mental-health-distress-and-help-seeking-behaviors-among-engineering-students.pdf))

**MANUSCRIPTS UNDER REVIEW**

Stanley, A. A.\*, Miller M. E.\*, Berney, E. C.\*, **Hammer, J. H.** (2025). *Intention to Seek Help from a Mental Health Professional After Sexual Assault: Testing A Theory of Planned Behavior Model*. Manuscript revised and resubmitted for publication.

Stanley, A. A\*., Hintz, H. D., Vidales, C., Miller, M. M.\*, & **Hammer, J. H.** (2025). *Exploring the Effect of Stigmatizing Language in Clery Timely Notice Bulletins on College Student Perceptions*. Manuscript submitted for publication.

**Hammer, J. H.,** Dueber, D. M., Toland, M. D., & Weng, W.\* (2025) *The Integrated Behavioral Model of Mental Health Help Seeking Questionnaire (IBM-HS-Q): Development and validity evidence*. Manuscript submitted for publication.

Day, A.\* & **Hammer, J. H.** (2025). *Exploring sociocultural predictors of intention to seek help among South Asians in the United States using the Integrated Behavioral Model of Mental Health Help-Seeking*. Manuscript revised and resubmitted for publication.

Kim, N.\* & **Hammer, J. H.** (2025). *“My sisters and I once vowed to help each other”: Help-seeking amongst LGBTQIA+ Asian communities*. Manuscript revised and resubmitted for publication.

Weng, W.\*, **Hammer, J. H.**, Kim, N.\*, McDermott, R., Li, M., Wang, F., & Shi, X. (2025). *Day, A. & Hammer, J. H. (2024).* *Understanding Chinese College Students’ Professional Help-Seeking Intention: A Moderated Integrated Behavioral Model.* Manuscript submitted for publication.

**MANUSCRIPTS IN PREPARATION**

**Hammer, J. H.,** Whitwer, M., Miller, M. E.\*, Doyle, C.\*, & Wilson, S. A. (in preparation). The Undergraduate Engineering Mental Health Help-Seeking Instrument – Version 2 (UE-MH-HSI-V2): Expansion, refinement, and validity evidence.

**Hammer, J. H.,** Kaiser, S.\*, & Shepherd, L.\* (in preparation). Exploring Sociocultural Predictors of Intention to Seek Help Among Older Adults using the Integrated Behavioral Model of Mental Health Help Seeking.

Parrott, J.\*, **Hammer, J. H.,** Whitwer, M., & Wilson, S. A. (in preparation). Identifying beliefs that stop undergraduate nursing students from seeking mental healthcare: A mixed-method study.

Parrott, J.\*, **Hammer, J. H.,** Whitwer, M., & Wilson, S. A. (in preparation). Mental health help-seeking factors that influence treatment access among undergraduate business students: A mixed-method study.

Miller, M. E.\* & **Hammer, J. H.** (in preparation). Cultural responsiveness, trust, and patient satisfaction with care among sexual orientation in primary healthcare settings.

Miller, M. E.\* & **Hammer, J. H.** (in preparation). A systematic review of barriers and facilitators influencing quality of interactions in primary care settings for sexual orientation minorities.

Weng. W.\* & **Hammer, J. H.** (in preparation). Bridging the Intention-Behavior Gap in Mental Health help-seeking.

Weng. W.\* & **Hammer, J. H.** (in preparation). Systematic review of the relationship between mental health help-seeking intention and prospective behavior.

Weng. W.\* & **Hammer, J. H.** (in preparation). Validating an Integrated Behavioral Model measure of help seeking perceptions among Chinese undergraduate students.

Day, A.\* & **Hammer, J. H.** (in preparation). Asian Indian mental health help seeking intention, trust in provider, and cultural responsiveness.

Zhang, M.\* & **Hammer, J. H.** (in preparation). Chinese international student mental health help seeking and sociocultural correlates.

Zhang, M.\* & **Hammer, J. H.** (in preparation). Mental health help seeking behaviors among Chinese international students: A systematic review.

Spiker, D. A.\*, **Hammer, J. H.**, & Kim, N.\*(in preparation) What do you and I have to lose? Influence of relationship factors on couple help seeking.

Hollan, J. M., **Hammer, J. H.**, & Kim, N.\*(in preparation). Appalachians’ intentions to use online and in-person counseling.

Redmayne, K.\* & **Hammer, J. H.** (in preparation). Exploration of factors associated with rural Appalachian women's use of Buprenorphine prior to incarceration.

**Hammer, J. H.**, Hargons, C. N., & Dschaak, Z. A.\* (in preparation). Black collegians’ mental help seeking: Testing twelve top factors.

Berney, E. C.\*, **Hammer, J. H.**, & Kim, N.\* (in preparation). Sociocultural Predictors of White Veterans’ Help-Seeking Attitudes.

Berney, E. C.\*, Spiker, D. A.\*, & **Hammer, J. H.**, Stanley, A.\* (in preparation). Feminine gender role expectations in women’s help seeking intention.

**BOOK CHAPTERS**

Brenner, R. E. Egli, M. M., & **Hammer, J. H.** (2022) Disentangling mental illness and help-seeking stigmas. In D. L. Vogel & N. G. Wade (Eds.), *The Cambridge Handbook of Stigma and Mental Health*. (pp. 31-51). Cambridge: Cambridge University Press. doi:10.1017/9781108920995 ([Link](https://www.cambridge.org/core/books/abs/cambridge-handbook-of-stigma-and-mental-health/disentangling-mental-illness-and-helpseeking-stigmas/093E05BE7817D8A72672F0FFC3CE9B9A)) ([PDF](https://drjosephhammer.com/wp-content/uploads/2023/03/Brenner-Egli-Hammer-2022-Disentangling-mental-illness-and-help-seeking-stigmas-Ch-3.pdf))

Langston, J. A., **Hammer, J. H.**, Cragun, R. T., & Sikes, M. E. (2017). Inside the minds and movement of America’s nonbelievers. In R. T. Cragun, L. Fazino, & C. J. Manning (Eds.), *Organized secularism in the United States, Religion and its others: Studies in religion, nonreligion, and secularity* (pp. 191-220). Boston, MA: De Gruyter. ([Link](https://www.ryantcragun.com/inside-the-minds-and-movement-of-americas-nonbelievers-organizational-functions-nonparticipation-and-attitudes-toward-religion/))

Cragun, R., **Hammer, J. H.**, & Smith, J. M. (2014). North America. In S. Bullivant (Ed.), *The Oxford Handbook of Atheism* (pp. 601-621). Oxford, UK: Oxford University Press. ([Link](https://www.researchgate.net/publication/290812706_Atheists_in_North_America))

**AWARDS AND HONORS**

* William B. Sturgill Award (for outstanding contributions to graduate education), UK (2025)
* Great Teacher Award, UK Alumni Association (2021)
* Outstanding Graduate Mentor Award, Kentucky Psychological Foundation (2019)
* Certificate of Excellence in Reviewing, Journal of Counseling Psychology (2018)
* Outstanding Graduate Student Award, Council of Counseling Psychology Training Programs (2014)
* Mentoring Excellence Award, ISU Department of Psychology (2014)
* Barbara A. Kirk Award, Society of Counseling Psychology (2012 – 2013)
* Graduate Teaching Excellence Award, ISU Graduate College (2013)
* Exceptional Teaching Award, ISU Department of Psychology (2013)
* Outstanding Counseling Psychology Student Award, ISU Department of Psychology (2013)
* SCP Leadership Academy Participant, Society of Counseling Psychology (2012)
* Exceptional Research Productivity Award, ISU Department of Psychology (2012)
* Fellow, Preparing Future Faculty (PFF), ISU Chapter (2010 – 2011)
* Student of the Year Award, Society for the Psychological Study of Men and Masculinity (2009)
* Outstanding Empirical Journal Article, ISU Department of Psychology (2009)
* Travel Grants, ISU Department of Psychology ($1600; 2009 – 2014)

**EXTRAMURAL AND INTRAMURAL GRANTS - FUNDED**

Buchheit, R. (PI), Wilson, S.A., Johnson, M., Parker, J., **Hammer, J.H. (Senior Personnel)**, Mirakhur, Z., Kaufmann, R., & Hagins, C. (2024-2026). [*Broadening Participation in Engineering. Track 4 The Engineering Wellness Center: Redefining success for engineering students*](https://www.nsf.gov/awardsearch/showAward?AWD_ID=2407292). National Science Foundation. $1,199,649 Direct and Indirect.

Wilson, S. A.\*, **Hammer, J. H. (Co-PI),** Allen, A., Walsley, L. A. (2024-2025) [Accelerating cultural transformation in business, engineering and nursing to support mental health](https://engr.uky.edu/news/pigman-college-engineering-collaborating-on-4-provost-impact-awards). University of Kentucky Provost IMPACT Award. $86,494 Direct.

Jensen, K., Wilson, S.A. (2024-2027) National Science Foundation Improving Undergraduate STEM Education. Award Number 2336268. [Collaborative Research: Changing the Narrative of Surviving to Thriving: Supporting Student Well-being with a Community of Transformation](https://www.nsf.gov/awardsearch/showAward?AWD_ID=2336268&HistoricalAwards=false). $347,824. Direct and Indirect. Funded. Note: **Hammer** serves as a compensated Advisory Board member on this project.

Wilson, S. A., Akafuah, N., Anderson, K., Buchheit, R.., **Hammer, J. H. (Co-I)**, Kaufmann, R., Mirakhur, Z., Parker, J., Sampson, S., Williams, C., & Blackburn-Lynch, W. (2023-2024). [*Planning: Track 1: Engineering WISE (Wellness Through Integrated Support and Engagement)*](https://scholars.uky.edu/en/projects/planning-track-1-engineering-wise-wellness-through-integrated-sup). National Science Foundation. $99,663 Direct and Indirect.

Wilson, S. A., & **Hammer, J. H. (Co-PI).**, Allen, A. (2023-2024). [*Accelerating cultural transformation in business and engineering to support mental health*](https://www.research.uky.edu/news/provost-impact-awards-fund-8-projects-advance-education-research-service-and-care). University of Kentucky Provost IMPACT Award. $72,654 Direct.

Wilson, S. A.\*, **Hammer, J. H. (Co-PI)**, Usher, E. L. (2023) REU Supplement: Research initiation: Development of a survey instrument to identify mental health related help-seeking beliefs in engineering students. National Science Foundation Research Initiation in Engineering Formation. Award Number 2024394. $9,800 Direct and Indirect.

Wilson, S. A., & **Hammer, J. H. (Co-PI).**, Frizell, S., & Henderson, J. (2022-2025). [*Research: Identifying intervention targets to increase mental health help seeking in undergraduate engineers*](https://www.nsf.gov/awardsearch/showAward?AWD_ID=2225567&HistoricalAwards=false). National Science Foundation. $349,591 Direct and Indirect.

Wilson, S. A.\*, **Hammer, J. H. (Co-PI)**, Usher, E. L. (2022). REU Supplement: Research initiation: Development of a survey instrument to identify mental health related help-seeking beliefs in engineering students. National Science Foundation Research Initiation in Engineering Formation. Award Number 2024394. $9,800 Direct and Indirect.

Wilson, S. A., **Hammer, J. H. (Co-PI)**, & Usher, E. L. (2020-2025). [*Research initiation: Development of a survey instrument to identify mental health related help-seeking beliefs in engineering students*](https://www.nsf.gov/awardsearch/showAward?AWD_ID=2024394&HistoricalAwards=false). National Science Foundation. $199,879 Direct and Indirect.

**Hammer, J. H.** **(PI)** (2018). *Mental healthcare disparities: A longitudinal test of barriers to seeking behavioral healthcare from primary care physicians*. University of Kentucky. $7,500 Direct.

**EXTRAMURAL AND INTRAMURAL GRANTS - UNFUNDED**

**Hammer, J. H.** **(PI)** (2017). *Determining the causal impact of stigma on trust and mental healthcare participation across vulnerable populations*. Robert Wood Johnson Foundation. $95,504 Direct and Indirect. Reviewed and unfunded.

Cragun, R. T., Smith, J. M., **Hammer, J. H. (Co-PI)**, & Hwang, K. (2013). *I can't believe in a God that... : Cross-cultural cognitive representations of rejected Gods among nonbelievers*. The John Templeton Foundation. $240,900 Direct. Online funding inquiry reviewed and unfunded.

Lannin, D., & **Hammer, J. H. (Co-PI)** (2013). *Comparing the relative efficacy of self-affirmation and self-disclosure writing interventions for reducing mental illness and help-seeking self-stigma*. American Psychological Foundation. $5,000 Direct. Reviewed and unfunded.

Vogel, D., & **Hammer, J. H. (Co-PI)** (2010). *Reducing prejudice towards gay men and lesbian women*. American Psychological Foundation. $20,000 Direct. Reviewed and unfunded.

**PEER-REVIEWED CONFERENCE PRESENTATIONS**

Sadek, S. & **Hammer, J. H.** (2025, April). *Examining gender differences in the relationship between stigma, help seeking intentions, and substance use*. [Poster presentation]. National Conference on Undergraduate Research, Pittsburgh, PA, United States.

Wilson, S.A., & **Hammer, J. H.** (2025, April). *Developing discipline-specific mental health interventions: A case study in engineering* [Conference presentation]. Mental Health on College Campuses Conference, Ann Arbor, MI, United States.

Wilson, S. A., **Hammer, J. H.**, & Pitcher, G. V. (2024, October). Using participatory methods to identify mental health interventions for undergraduate engineering students [Conference presentation]. American Institute of Chemical Engineers, San Diego, CA.

Wilson, S. A., **Hammer, J. H.**, Huth, A., & Lamer, S. (2024, October). The Influence of Perceived Help-Seeking Outcomes on Student Access to Mental Health Support [Conference presentation]. American Institute of Chemical Engineers, San Diego, CA.

Kim, N., Schwender, J., Vigil, K., Weng, W., & **Hammer, J. H.** (2024, August). *‘My sisters are my shelter’: Understanding influences on mental health help-seeking in queer Asian communities* [Poster presentation]. American Psychological Association Annual Conference, Seattle, WA, United States.

Huth, A.K., Wilson, S.A., & **Hammer, J.H.** (2024, June). *Investigating factors that predict mental health related help-seeking in first-year engineering students* [Conference presentation]. American Society for Engineering Education Annual Conference, Portland, MD, United States.

Kaiser, S., Stanley, A., & **Hammer, J. H.** (2024, February). *Mental health help-seeking in older adults: A content analysis* [Poster presentation]. Spring 2024 Research Conference, Louisville, KY, United States.

Parrott, J., Miller, M.E., Stanley, A.S., Whitmer, M., & **Hammer, J. H.** (2024, February 24). *The tortured artist in training: Mental health distress among college students pursuing performing arts* [Poster presentation]. Spring 2024 Research Conference, Louisville, KY, United States.

Kim, N., Schwender, J., Vigil, K., Weng, W., & **Hammer, J. H.** (2024, February). *What encourages or deters queer Asians from seeking mental health help? A scoping review* [Poster presentation]. Spring 2024 Research Conference, Louisville, KY, United States.

Whitwer, M., Wilson, S.A., & **Hammer, J. H.** (2023, November). *Engineering mental health and help-seeking: Analysis of national data from the Healthy Minds Study* [Conference presentation]. American Institute of Chemical Engineers, Orlando, FL, United States.

Wilson, S.A., **Hammer, J. H.** (2023, November). *Developing discipline-specific mental health interventions: A case study in engineering* [Conference presentation]. American Association of Colleges and Universities: Transforming STEM Higher Education, Washington, DC, United States.

Wilson, S.A., **Hammer, J. H.**, Blaber, I.P., Hancock, J.M., Pitcher, G.R. (2023, September). *Delivery of mental health training across a College of Engineering* [Conference presentation]. European Society for Engineering Education Annual Conference, Dublin, Ireland.

Verty, V. P., Sigola, Z., Ebikwo, C., McCleod, K., Whitmer, M., Sadek, S., Berney, E., & **Hammer, J. H.** (2023, August). *Is sense of belonging a predictor of perceived need in Black college students?* [Poster presentation]. American Psychological Association Annual Convention, Washington, DC, United States.

Sadek, S., Nolan, L., Berney, E., Whitwer, M., **Hammer, J. H.** (2023, March) *Exploring factors and barriers of substance use on college campuses: What do we know?* [Poster Session]. Cincinnati Spring Research Conference, Cincinnati, OH, United States.

Sadek, S., Berney, E., Whitwer, M., **Hammer, J. H.** (2023, March) *Are campus efforts effective?: Examining resource awareness, mental health efficacy beliefs, and substance use on college campuses* [Poster Session]. Kentucky Psychological Association Annual Conference, Richmond, KY, United States.

Sadek, S., Berney, E., Whitwer, M., **Hammer, J. H.** (2023, August) *Examining the relationship between stigma and help seeking willingness for substance abuse* [Poster Session]. American Psychological Association Annual Conference, Washington, D.C., United States.

Armstrong, I., Dailey, D., Wilder, K., Blackburn-Lynch, W., **Hammer, J.H.**, & Wilson, S.A. (2022, Summer). *Investigating mental health distress and help-seeking perceptions in first-year engineering students* [Conference presentation]. American Society for Engineering Education Annual Conference, Minneapolis, MN, United States.

Ban, N.C., Whitwer, M.D., Wright, M.E., Hargis, L.E., **Hammer, J. H.**, Wilson, S.A.  (2022, November). *Influence of faculty messages on engineering student mental health help seeking* [Conference presentation]. American Institute of Chemical Engineers, Phoenix, AZ.

Wright, C.J., Miller, M.E., Hargis, L.E., Usher, E.L., **Hammer, J. H.,** Wilson, S. A. (2022, November). *Understanding barriers to mental health related help-seeking in undergraduate engineers* [Conference presentation]. American Institute of Chemical Engineers, Phoenix, AZ, United States.

Ban, N., Shannon, H., Wright, C.J., Miller, M.E., Hargis, L.E., Usher, E.L., **Hammer, J.H.**, & Wilson, S.A. (2022, Summer). *Identifying common perceived stressors and stress-relief strategies among undergraduate engineering students* [Conference presentation]. American Society for Engineering Education Annual Conference, Minneapolis, MN, United States.

Miller, M.E., Wright, C.J., Hargis, L.E., Usher, E.L., **Hammer, J.H.**, & Wilson, S.A. (2022, Summer). *Identifying mental health related help-seeking beliefs in undergraduate engineers* [Conference presentation]. American Society for Engineering Education Annual Conference, Minneapolis, MN, United States.

Wilson, S.A., **Hammer, J. H.**, & Usher, E. L. (2021, Summer) *Faculty experiences with undergraduate engineering student mental health* [Conference presentation]. American Society for Engineering Education Annual Conference, Virtual.

Wright, C. J., Miller, M.E., Hargis, L.E., Usher, E. L., **Hammer, J. H.**, & Wilson, S. A. (2021, Summer) *Identifying engineering students’ beliefs about seeking help for mental health concerns* [Conference presentation]. American Society for Engineering Education Annual Conference, Virtual.

Hargis, L. E., Wright, C. J., Miller, M.E., Usher, E. L., **Hammer, J. H.**, & Wilson, S. A. (2021, Summer) *Relationship between mental health distress and help-seeking behaviors among engineering students* [Conference presentation]. American Society for Engineering Education Annual Conference, Virtual.

Redmayne, K. A., Dschaak, Z. A., Coffey, B. K., & Van Den Busch, L. J., & **Hammer, J. H.** (2021, August). *Help-seeking intention among collegians who use prescription opioids* [Poster presentation]. American Psychological Association 129th Annual Convention, San Diego, CA, United States.

Dschaak, Z. A., Murphy, E. A., & **Hammer, J. H.** (2021, August). *Psychological flexibility and professional help-seeking intention among collegians* [Poster presentation]. American Psychological Association 129th Annual Convention, San Diego, CA, United States.

Murphy, E. A., Dschaak, Z. A., Curvey, R. M. G., & **Hammer, J. H.** (2021, August). *Factors influencing help-seeking intention in collegiate student-athletes* [Poster presentation]. American Psychological Association 129th Annual Convention, San Diego, CA, United States.

Davis, J. C.**,** Dschaak, Z. A.**,** & **Hammer, J. H.** (2021, August). *Help-seeking attitudes and professional help-seeking intention of Fat clients* [Poster presentation]. American Psychological Association 129th Annual Convention, San Diego, CA, United States.

Haring, G. C.**,** Stanley, A. A., Dschaak, Z. A., & **Hammer, J. H.** (2021, August). *Upstanding among college students: Studying different factors to prevent campus assaults* [Poster presentation]. American Psychological Association 129th Annual Convention, San Diego, CA, United States.

Wilson, S.A, **Hammer, J.H.**, Usher, E.L. (2020, November 15-20). *Engineering student mental health: Analysis of national data from the Healthy Minds Study* [Conference presentation]. American Institute for Chemical Engineers National Conference, San Francisco, CA, United States.

Dschaak, Z. A., **Hammer, J. H.**, Hargons, C. N., & Richardson, M. T. (2020, August). *Black collegians mental help seeking: Testing twelve top factors* [Poster presentation]. Presented virtually at the 128th Annual Convention of the American Psychological Association, Washington, DC, United States.

Ozmat, E. E., Ertl, M. M., Brenner, R. E., Heath, P. J, Ladouceur, G. M., Bozek, D. M., **Hammer, J. H.** (2020, August). *External coping behaviors mediate the relation between self-compassion and mental health* [Poster presentation]. 128th American Psychological Association Convention, Washington, DC, United States.

Stonecipher, E. S., Ertl, M. M., Egli, M. R., Brenner, R. E., & **Hammer, J. H.** (2020, August). *Exploring mental health disparities among non-monosexual and multiracial college students* [Poster presentation]. 128th American Psychological Association Convention, Washington, DC, United States.

**Hammer, J. H.** (2019, August). Discussant remarks. In J. Sawyer (chair), *Atheist research in psychology: Current trends and future directions* [Symposium]. 127th Annual Convention of the American Psychological Association, Chicago, IL, United States.

Dawson, N., & **Hammer, J. H.** (2019, August). *No more subscale scores?: Bifactor analysis of the Exercise Dependence Scale-Revised* [Poster presentation]. 127th Annual Convention of the American Psychological Association, Chicago, IL, United States.

Phelps, M., Berney, E. C., & **Hammer, J. H.** (2019, August). *The role of stealth status, conformity to masculine norms, and anxiety in transgender men* [Poster presentation]. 127th Convention of the American Psychological Association, Chicago, IL, United States.

Dschaak, Z. A., Spiker, D. A., Herndon, C. W., & **Hammer, J. H.** (2019, August). *Substance abuse destroys lives: Partner support and substance use help seeking* [Poster presentation]. 127th Annual Convention of the American Psychological Association, Chicago, IL, United States.

Stanley, A. A., Miller, M. E., Berney, E. C., Dschaak, Z. A., & **Hammer, J. H.** (2019, August). *The role of trust in reporting sexual assault to campus authorities in a national sample* [Poster presentation]. 127th Annual Convention of the American Psychological Association, Chicago, IL, United States.

Borgogna, N., McDermott, R. C., Levant, R. F., & **Hammer, J. H.** (2019, August). The development and evaluation of the Very Brief Male Role Norms Inventory. In R. Levant (chair), *Recent advances in scale development in the psychology of men and masculinities* [Symposium]. 127th Annual Convention of the American Psychological Association, Chicago, IL, United States.

Brenner, R. E., **Hammer, J. H.,** Vogel, D. L., Bitman-Heinrichs, R. L., Heath, P. J., & Wade, N. G. (2019, August). *Extending the theoretical understanding of mental illness and help-seeking self-stigmas* [Poster presentation]. 127th Annual Convention of the American Psychological Association, Chicago, IL, United States.

Brenner, R.E., McDermott, R. C., **Hammer, J. H.,** & Tucker, J. R. (2019, August). *Measurement invariance of the Self-Stigma of Seeking Help Scale (SSOSH)* [Poster presentation].127th Annual Convention of the American Psychological Association, Chicago, IL, United States.

**Hammer, J. H.** (2018, August). Using bifactor analysis to test the structure of psychological constructs: A masculinity case study. In R. Brenner (chair), *Advocacy and diversity in measurement: Scale development, bifactor analysis, and invariance testing* [Symposium]. 126th Annual Convention of the American Psychological Association, San Francisco, CA, United States.

Spiker, D. A., Dschaak, Z. A., & **Hammer, J. H.** (2018, August). *Mental health first aid and prosocial behavior: A model of intention to provide informal support* [Poster presentation]. 126th Annual Convention of the American Psychological Association, San Francisco, CA, United States.

Spiker, D. A., & **Hammer, J. H.**, & Parnell, K. (2018, August). *Men in unhappy relationships: Perceptions of couple therapy* [Poster presentation]. 126th Annual Convention of the American Psychological Association, San Francisco, CA, United States.

Dschaak, Z. A., Spiker, D. A., & **Hammer, J. H.** (2018, August). *Formal and informal help seeking intentions and utilization among substance-using college students* [Poster presentation]. 126th Annual Convention of the American Psychological Association, San Francisco, CA, United States.

Berney, E. C., Jensen, K. C., & **Hammer, J. H.** (2018, August). *Quasi-intention to seek psychological help in a sample of college veterans* [Poster presentation]. 126th Annual Convention of the American Psychological Association, San Francisco, CA, United States.

Berney, E. C., Clements, Z. A., & **Hammer, J. H.** (2018, August). *Using the CMNI-46 in a sample of transgender men* [Poster presentation]. 126th Annual Convention of the American Psychological Association, San Francisco, CA, United States.

Dawson, N., & **Hammer, J. H.** (2018, August). *Conformity to masculine norms, body dissatisfaction, and maladaptive exercise* [Poster presentation]. 126th Annual Convention of the American Psychological Association, San Francisco, CA, United States.

Lazar, A., & **Hammer, J. H.** (2018, August). *Religiousness and anti-gay/lesbian attitudes: The mediating function of intratextual religious fundamentalism* [Poster presentation]. 126th Annual Convention of the American Psychological Association, San Francisco, CA, United States.

**Hammer, J. H.**, Wade, N. G., Cragun, R. T., Sandage, S. J., & Spiker, D. A. (2017, August). *Bifactor analysis of the daily Spiritual Experiences Scale (DSES) across (non)religious groups* [Poster presentation]. 125th Annual Convention of the American Psychological Association, Washington, DC, United States.

Spiker, D. A., & **Hammer, J. H.** (2017, August). *Integrated care vs. classic care: The impact of distance and type of care on perceptions of mental health treatment* [Poster presentation]. 125th Annual Convention of the American Psychological Association, Washington, DC, United States.

McKelvey, D. C., McDermott, R. C., **Hammer, J. H.**, Levant, R. F., Hall, R. H., & Jones, Z. K. (2017, August). Examination of the Male Role Norms Inventory-Short Form: Measurement considerations. In R. Levant (chair), *Recent research in the psychology of men and masculinities using advanced methods* [Symposium]. 125th Annual Convention of the American Psychological Association, Washington, DC, United States.

Singley, D. B., Cole, B. P., **Hammer, J. H.**, Molloy, S, & Isacco, A.(2016, September). *Development and psychometric evaluation of the Paternal Involvement with Infants Scale* [Poster presentation]. National Conference for Clinical Child and Adolescent Psychology, Lawrence, KS, United States.

**Hammer, J. H.**,Wade, N., Cragun, R., & Sandage, S. (2016, August). Psychometric performance of popular spirituality instruments across nonreligious populations. In K. Harris (chair), *Assessing spirituality in a diversified world: Mainstream, other, and non-religious views* [Symposium]. 124th Annual Convention of the American Psychological Association, Denver, CO, United States.

**Hammer, J. H.**, Jung, A-K., & Kang, J.(2015, August). *Exploratory and confirmatory factor analysis of the Behavioral Outcome Measure-20* [Poster presentation]. 123rd Annual Convention of the American Psychological Association, Toronto, Canada.

**Hammer, J. H.** & Vogel, D. L.(2014, August). *Development and validation of the Help-Seeker Stereotype Scale* [Poster presentation]. 122nd Annual Convention of the American Psychological Association, Washington, DC, United States.

**Hammer, J. H.** & Vogel, D. L.(2014, August). *Comparing the predictive validity of single vs. dual-process vocational help-seeking models* [Poster presentation]. 122nd Annual Convention of the American Psychological Association, Washington, DC, United States.

**Hammer, J. H.** & Cragun, R.(2013, August). Atheist military personnel & veterans reflect on the Army’s spiritual fitness training. In M. Brewster (chair), *Current advancements and new directions in atheism research* [Symposium].121st Annual Convention of the American Psychological Association, Honolulu, HI, United States.

Vogel, D. L., Wester, S. R., Danforth, L., & **Hammer, J. H.**(2013, August). *Gender role conflict and perceived support for seeking mental health services* [Poster presentation]. 121st Annual Convention of the American Psychological Association, Honolulu, HI, United States.

**Hammer, J. H.**,& Cragun, R. (2012, August). Measuring the spiritual fitness of atheist U.S. military personnel, veterans, and civilians. In D. Wulff & J. Hammer (chairs), *Understanding religion and spirituality through the psychological study of atheists* [Symposium]. 120th Annual Convention of the American Psychological Association, Orlando, FL, United States.

Bitman, R. L., Vogel, D. L., & **Hammer, J. H.**(2012, August). *The longitudinal impact of public stigma on self-stigma: Is societal stigma internalized?* [Poster presentation]. 120th Annual Convention of the American Psychological Association, Orlando, FL, United States.

Tucker, J. R., **Hammer, J. H.**, Vogel, D. L., & Wade, N. G. (2012, August). *Disentangling the self-stigma of mental illness and the self-stigma of seeking psychological help* [Poster presentation]. 120th Annual Convention of the American Psychological Association, Orlando, FL, United States.

**Hammer, J. H.** (2011, August). *A near-universal religiosity/spirituality scale: The Secularity Scale* [Poster presentation]. 119th Annual Convention of the American Psychological Association, Washington, DC, United States.

**Hammer, J. H.** (2011, August). *Assessing the utility of the willingness/prototype model in predicting help seeking behavior* [Poster presentation]. 119th Annual Convention of the American Psychological Association, Washington, DC, United States.

Tsai, P., Vogel, D., Wade, N., **Hammer, J. H.**, Liao, H., Wang, C., Holtham, E., Kouvaraki, E., Efstathiou, G., Golden, S., Sezer, S., Kezer, F., & McCullagh, A. (2011, August). Cross-cultural validation of Self-Stigma of Seeking Help (SSOSH) Scale. In J. J. Mohr (chair), *The intersection of stigma and psychotherapy: Innovations in research and practice* [Symposium]. 119th Annual Convention of the American Psychological Association, Washington, DC, United States.

Vogel, D. L., Wester, S. R., Hackler, A., **Hammer, J. H.**, Downing-Matibag, T., & Geisinger, B. (August, 2010). *Gender role conflict, stigma, and talking about psychological issues* [Paper presentation].118th Annual Convention of the American Psychological Association, San Diego, CA, United States.

**Hammer, J. H.** (2009, August). Construction and analysis of the male psychology doctoral student survey. In C. Z. Oren (chair), *Male psychology doctoral students* [Symposium]. 117th Annual Convention of the American Psychological Association, Toronto, Canada.

**Hammer, J. H.** (2009, August). *The nature and sequelae of religious discrimination as experienced by atheists* [Paper presentation]. 117th Annual Convention of the American Psychological Association, Toronto, Canada.

Splett, J., **Hammer, J. H.**, Schultz, T., & Brooks, C. (2009, April). *Reducing relational aggression through combined group counseling and parent education interventions* [Paper presentation]. 1st Annual ESCP Poster Conference, Columbia, MO, United States.

**Hammer, J. H.** (2008, August).Education & intervention with students accused of sexual assault on the college campus. In G. E. Good & T. Khairallah (chairs), *Engaging challenging and underserved men* [Symposium]. 116th Annual Convention of the American Psychological Association, Boston, MA, United States.

**Hammer, J. H.** (2008, August).A masculine approach to multicultural mental health marketing. In R. F. Levant (chair), *Recent advances in the study of men and depression* [Symposium].116th Annual Convention of the American Psychological Association, Boston, MA, United States.

Vogel, D. & **Hammer, J. H.** (2008, August). *Predicting men’s help seeking behavior for depression across culture* [Poster presentation]. 116th Annual Convention of the American Psychological Association, Boston, MA, United States.

**Hammer, J. H.** & Good, G. (2008, March). *International men of misery: Male-depression brochure efficacy* [Poster presentation]. International Counseling Psychology Conference, Chicago, IL, United States.

**Hammer, J. H.** & Good, G. (2008, March). *Real men. Really depressed: Efficacy of male-targeted depression awareness brochures* [Poster presentation]. International Counseling Psychology Conference, Chicago, IL, United States.

**Hammer, J. H.** (2008, February). *Masculine socialization: A psychological perspective* [Paper presentation]. 2nd Annual Women's and Gender Studies Graduate Student Organization Conference, Columbia, MO, United States.

Micik, K., Aul, E., Bush, H., **Hammer, J. H.**, & Trattner, M. (2007, October). *Relationship violence on college campuses* [Workshop presentation]. Activ8 Conference, Warrensburg, MO, United States.

**INVITED PRESENTATIONS**

**Hammer, J. H.** (2025, April) *Lessons learned from interdisciplinary investigation of what stops people from seeking mental health care*. Invited presentation to the Arizona State University Counseling Psychology Program Professional Development Seminar.

**Hammer, J. H.** (2024, May) *Navigating supportive conversations on mental health with students*. Invited presentation to the National Science Foundation Mental Health Virtual Community of Practice.

**Hammer, J. H.**, Berney, E. C., & Miller, M. E. (2019, April). *What stops people from seeking behavioral healthcare when they need it?* Invited presentation for the Clinical Psychology Program Brownbag Speaker Series, University of Kentucky, Lexington, KY.

**Hammer, J. H.** (2018, February). *Is this real life?: Why Good Psychological Measurement Matters*. Invited presentation for the Psychology Department’s Clinical Psychology Colloquium Series, University of Cincinnati, Cincinnati, OH.

Spiker, D. A., & **Hammer, J. H.** (2017, October). *Mental health literacy: current challenges and future directions*. Invited presentation for the UK Center for Health Services Research Work in Progress session series, University of Kentucky, Lexington, KY.

**Hammer, J. H.**, & Toland, M. D. (2016, November). *Clarifying dimensionality and reliability with bifactor analysis*. Invited presentation for the Social Psychology Program Brownbag Speaker Series, University of Kentucky, Lexington, KY.

**Hammer, J. H.**, & Toland, M. D. (2016, October). *Bifactor analysis in Mplus*. Invited presentation for the Applied Quantitative and Psychometric Series, University of Kentucky, Lexington, KY.

**TEACHING EXPERIENCE**

**University of Kentucky**

* EDP 605: Introduction to Counseling Techniques I
* EDP 606: Professional Issues in Counseling Psychology
* EDP 652: Theories of Counseling
* EDP 664: Pre-Masters Practicum in Counseling Psychology
* EDP 665: Post-Masters Practicum in Counseling Psychology
* EDP 666: Psychology of Career Counseling
* EDP 708: Internship in Educational, School, and Counseling Psychology

**Iowa State University**

* PSYCH 102: Laboratory in Introductory Psychology
* PSYCH 131: Academic Learning Skills
* PSYCH 302: Research Methods in Psychology
* PSYCH 422L: Laboratory in Counseling Theories and Techniques
* UST 104: Personal Career Development

**ACADEMIC ADVISING**

**Dissertation Chair/Co-Chair**

* Joshua Parrot (2025 – Present)
* Surjya Bajpayee (2025 – Present)
* Cece Kim (2023 – Present)
* Wenqi Weng (2022 – Present)
* Ming (Mindy) Zhang (2021 – Present)
* Kasey Vigil (2024 – Present)
* Ashna Sangar (2021 – Present)
* Amelia Stanley (2020 – Present)
* Emily Murphy (2019 – Present)
* Melanie Miller (2018 – Present)
* Jordan Brown (2024 – 2025)
* Elyssa Berney (2017 – 2024)
* Kelsey Redmayne (2019 – 2023)
* Zachary Dschaak (2017 – 2023)
* Jade Hollan (2019 – 2022)
* Alyssa Clements-Hickman (2019 - 2021)
* Douglas Spiker (2016 – 2021)

**Dissertation Committee Member**

* Lexie Bird (School Psychology; 2024)
* Sara Ebner (School Psychology; 2024)
* Chloe Benningfield (2024 – Present)
* Daniel Mountain (Chemical Engineering; 2024 – Present)
* Douglas Terrill (Clinical Psychology; 2023 – Present)
* Clair Tischner (School Psychology; 2023 – 2024)
* Jessica Blake (School Psychology; 2023 – Present)
* Brittany Cannon (2023)
* Petya Karkelanova (QPM; 2022 – Present)
* Matthew Whitwer (Chemical Engineering; 2022 – Present)
* Kasey Vigil (2021 – 2024)
* Courtney Wright (2020 – Present)
* Rachel Jacob (School Psychology; 2023)
* Emily Atkinson (Clinical Psychology; 2021 – 2023)
* Matthew Richardson (2018 – 2023)
* Todd Ryser-Oatman (2016 – 2021)
* Carol Hanley (QPM; 2019 – 2020)
* David Deuber (QPM; 2017 – 2020)
* Jade Hollan (2017 – 2019)
* Alyssa Clements-Hickman (2017 – 2019)
* Kelsey Redmayne (2018 – 2019)
* Michael Mejia (2016 – 2017)

**Dissertation Outside Examiner**

* Jessica Maras (2025)
* Anita Adams (2024)
* Jennifer Pusateri (2023)
* Pevitr Bansal (2022)
* Anna Marie Ortiz (2021)
* Jennifer Ferguson (2020)
* Charles Brake (2019)
* Christine Lee (2018)
* Maureen Cavalcanti (2017)

**Education Specialist Research Project Committee Member**

* Claire Stai (2016 – 2017)
* Madison Wallace (2016 – 2017)
* Maureen Hyat (2016 – 2017)
* Brittany Waiters (2015 – 2016)

**Master’s Research Supervisor**

* Zack Large (2024 – Present)
* Andrew Hauber (2023 – Present)
* Sayword Kaiser (2023 – Present)
* Joshua Parrott (2023 – Present)
* Souad Shaia (2023 – Present)
* Laurel Shepherd (2023 – Present)
* Charis Ebikwo (2022)
* Cynthia (Cyn) Doyle (2022)
* Zoe Sigola (2022 – 2023)
* Valerie Verty (2022 – 2023)
* Allison Tapia (2022 – Present)
* Kendall McCleod (2022 – 2023)
* Hannah Akin (2022)
* Kearstin Bruther (2020 - 2022)
* Grace Haring (2020 – 2022)
* Marissa Bosco (2020 – 2022)
* Benjamin Coffee (2020 – 2022)
* Levi Van Den Busch (2019 – 2021)
* Jonica Davis (2019 – 2021)
* Jennifer Schaper (2020)
* Daniel McCarthy (2019)
* Amelia Stanley (2018 – 2020)
* Kaitlyn Miller (2017 – 2020)
* Marissa Phelps (2018 – 2019)
* Brittney Gray (2018 – 2019)
* Nicholas Dawson (2017 – 2019)
* James Roethler (2018 – 2019)
* Chase Herndon (2017 – 2019)
* Katherine Jensen (2018 – 2019)
* Hailey Lawson (2017)
* Rena Goodwin (2017)
* Jade Clemons (2016 – 2017)
* Sydney Black (2016)
* Briana Jurema (2016)
* Jenna Eggleston (2016)

**Master’s Academic Advisor**

* Yesica Cruz Ramirez (2024 – Present)
* Zack Large (2024 – Present)
* Ixchel Collazo (2023 – Present)
* Andrew Hauber (2023 – Present)
* Sayword Kaiser (2023 – Present)
* Kate Lovins (2023 – Present)
* Tristan Ntego (2023 – Present)
* Joshua Parrott (2023 – Present)
* Souad Shaia (2023 – Present)
* Laurel Shepherd (2023 – Present)
* Katie Wakeman (2023 – Present)
* Dashia Wright (2023 – Present)
* Jordan Brown (2024 – 2025)
* Hannah Akin (2022)
* Cynthia (Cyn) Doyle (2022 – 2024)
* Charis Ebikwo (2022)
* Martha (Louise) Foster (2022 – 2024)
* Joshua (Josh) Hancock (2022 – 2024)
* Mekaila Keeling (2022 – 2024)
* Kendall McCleod (2022 – 2024)
* Kaylee Palomino (2022 – 2023)
* Mariathina Panayi (2022)
* Gabriella (Gaby) Pitcher (2022 – 2024)
* Zoe Sigola (2022 – 2024)
* Allison Tapia (2022 – 2024)
* Valerie Verty (2022 – 2024)
* Chloe Benningfield (2021 – 2023)
* Marissa Bosco (2020 – 2022)
* Kearstin Bruther (2019 – 2022)
* Levi Van Den Busch (2019 – 2022)
* Kaitlyn Miller (2017 – 2020)
* Marissa Phelps (2018 – 2019)
* Nicholas Dawson (2017 – 2019)
* Katie Wurts (2016 – 2018)
* Sydney Black (2015 – 2017)

**Undergraduate Internship Supervisor (PSY 399/499)**

* Micayah Mayberry (SP25-499-3c)
* Caitlyn Stivers (FA24-399-3c)
* Garrett Bushue (FA24-399-1c)
* Colin Stephens (FA24-Volunteer)
* Ava Reker (SP24-499-3c)
* Ariel Woo (SP24-399-3c)
* Jeongho Kim (SP24-399-3c)
* Kaleigh Costantino (SP24-399-3c)
* Jessalin Archer (SP24-399-3c)
* Madison Baker (SP24-499-3c)
* Sydney Lawson (FA23-399-3)
* Jacob Hunley (FA23-399-3c)
* Sophia Salyers (FA23-399-2c)
* James Owen (FA23-399-3c)
* Katie Wakeman (SP23-499-3c)
* Branden Gray (SP23-399-3c)
* Kacie Peters (SP23-399-3c)
* Camryn Thompson (SP23-399-3c)
* Shayla Embry (SP23-399-1c)
* Eric Bridges (SP23-399-3c)
* Aidan Perell (SP23-399-3c)
* Abigail Graham (FA22-399-2c)
* Isabella Levenhagen (FA22-499-3c)
* Sara Corman (SP22-399-3c)
* Cynthia Smith (SP22-399-1c)
* Abrar Rahman (SP22-399-3c)
* Natalie Vincent (FA21-399-3c)
* Lillian Dunn (FA21-399-3c)
* Alyssa Helton (FA21-399-3)
* Haley Hintz (FA21-499-3c)
* Olivia Johnson (SP21-399-3c)
* Andrew Hauber (SP21-399-3c)
* Madison Wilson (SP21-399-3c)
* Cassie Johnson (SP21-399-3c)
* Charis Ebikwo (SP21-399-2c)
* Cyra Coscarelli (FA20-399-2c)
* Elli Spanier (FA20-399-3c)
* Laura-Leigh Phelps (FA20-399-2c)
* Emilio Santa Cruz (FA20-399-3c)
* Haley Farris (FA20-399-3c)
* Erin Potter (SP20-399-3c)
* Jaclyn Fischesser (SP20-399-3c)
* Logan Ryle (SP20-499-3c)
* Cassidy Vandepol (SP20-499-3c)
* Julie Martinez (SP20-399-1c)
* Gabrielle Eismann (SP19-399-2c)
* Caelin McManis (SP19-399-2c)
* Taylor Todd (SP19-499-3c)
* Isaac Hout (SP19-399-3c)
* Zoe Mullins (SP19-399-2c)
* Abie Kolls (SP18)
* Mary Lenhof (SP18)
* Reagan Rucker (SP18)
* Dale Brinsky (2017)
* Allison Bumm (2017)
* Caitlin Armstrong (2017)
* Kayla Hall (2017)
* Rebecca Pfeiffer (2017)

**Undergraduate Research Assistant Supervisor (PSY 394\*/395 or Volunteer Basis)**

* Jansyn Todd (FA24)
* Surjya Bajpayee (FA24)
* Samantha Price (FA24, SP25)
* Ania Ansari (SU24)
* Ashton Martin (SP24)
* Allison Powell (SP24)
* Kelsey Everman (SP24)
* Julia Schwender (FA23, SP24)
* Lizzie Nolan (SP23, FA23)
* Mark Ervin (FA23)
* Sandy Nino (SU23, SP23)
* Andrew Hauber (FA22, SP23)
* Safiyah Sadek (SU22-SP25)
* Rachel Hwang (FA22)
* Abigail Loy (SP22, FA22)
* Amber Kling (FA21, SP22, FA22)
* Jasmine Ahmad (SU22)
* Sophie Zuckett (SP22)
* Rae Ezell (RA21)
* Haley Hintz (SU21, FA21, SP22)
* Kristina Sosa (FA20)
* Gabrielle Plata-Madrid (SP20, FA20)
* Laura-Leigh Phelps (SP20, FA20)
* Katie Meyr (FA19, SP20)
* Logan Ryle (SP19, FA19, SP20)
* Alex Urs (FA19)
* Anna Garlock (SP19, FA19)
* Quinten Harris (SP19, FA19)
* Melis Sedef Kahraman (2017 – 2018)
* Indrani Chatterjee (2016 – 2017)
* Sarah Smoak (2016 – 2017)

**EDITORIAL REVIEW**

* Editorial Board Member, *Secularism and Nonreligion* (2012 – Present)
* Consulting Editor, *Journal of Counseling Psychology* (2017 – Present)
* Ad Hoc Reviewer, *The Counseling Psychologist* (2016 – 2024)
* Ad Hoc Reviewer, *Current Psychology* (2025)
* Ad Hoc Reviewer, *Journal of Affective Disorders* (2025)
* Ad Hoc Reviewer, *Assessment* (2024)
* Ad Hoc Reviewer, *Journal of Engineering education* (2024)
* Ad Hoc Reviewer, *Psychology of Men & Masculinity* (2012 – 2024)
* Reviewer, William T. Grant Foundation (2024)
* Reviewer, UNITE Humanities Pilot Grant resubmission, UK (2022)
* Ad Hoc Reviewer, *Journal of Prevention and Health Promotion* (2012 – 2021)
* Ad Hoc Reviewer, *Journal of Clinical Psychology* (2021)
* Ad Hoc Reviewer, *Psychology of Religion and Spirituality* (2015 – 2021)
* Editorial Board Member, *Psychology of Men & Masculinities* (2016 – 2020)
* Ad Hoc Reviewer, *Journal of Mental Health* (2018 - 2020)
* Ad Hoc Reviewer, *Men and Masculinities* (2019)
* Ad Hoc Reviewer, *Journal of Theoretical Social Psychology* (2018)
* Ad Hoc Reviewer, *Behavior Research and Therapy* (2018)
* Ad Hoc Reviewer, *Asia Pacific Journal of Counselling and Psychotherapy* (2018)
* Ad Hoc Reviewer, *Journal of Research on Adolescence* (2018)
* Ad Hoc Reviewer, *Journal of Applied Psychology: Experimental* (2017 – 2018)
* Ad Hoc Reviewer, *PLoS One* (2017)
* Ad Hoc Reviewer, *Professional Psychology: Research and Practice* (2017)
* Ad Hoc Reviewer, *BMC Public Health* (2017)
* Ad Hoc Reviewer, *Journal of Cross-Cultural Psychology* (2015 – 2017)
* Ad Hoc Reviewer, *European Journal of Psychological Assessment* (2016)
* Ad Hoc Reviewer, *Journal of Counseling Psychology* (2011 – 2016)
* Ad Hoc Reviewer, *Qualitative Sociology* (2014)
* Ad Hoc Reviewer, *Psychiatric Rehabilitation Journal* (2014)
* Reviewer, Society of Counseling Psychology APA Convention proposals (2014)
* Ad Hoc Reviewer, *Journal for the Scientific Study of Religion* (2012)
* Reviewer, Society for the Psych. Study of Ethnic Minority Issues APA Convention proposals (2012)
* Ad Hoc Reviewer, *Archive for the Psychology of Religion* (2010)

**NATIONAL SERVICE TO THE PROFESSION**

* Member, Council of Counseling Psychology Training Programs (CCPTP) Board (2022 – 2025)
* Developer, Video/Text Tutorials for DrJosephHammer.com [Resources Collection](http://drjosephhammer.com/psych-grad-school/) (2016 – Present)
* Director, Member Interface Board, Society of Counseling Psychology (2023 – 2027)
* Member, Financial Sustainability Task Force, Society of Counseling Psychology (2025 – Present)
* Panelist, Graduate School in the Social Sciences Panel, University of Cincinnati (2020 – Present)
* Panelist, Research Initiation in Engineering Formation Community of Practice, NSF (2024)
* Chair, Continuing Education Committee, Society of Counseling Psychology (2018 – 2024)
* Member, Antiracist Education Advocacy Group, Society of Counseling Psychology (2020 – 2021)
* Orientation Co-Leader, Council of Counseling Psychology Training Programs Conference (2021)
* External Tenure Dossier Reviewer, Virginia Commonwealth University (2021)
* Member, Communications/Technology Task Group, Society of Counseling Psychology (2019)
* Panelist, UIUC Counseling Center Paraprofessional Program Alumni Panel (2017 - 2019)
* Member, Prevention Journal Advisory Committee, Society of Counseling Psychology (2018)
* Member, Journal Proposals Special Task Group, Society of Counseling Psychology (2018)
* Webmaster, Sandy Shullman for American Psychological Association President Campaign (2018)
* Webmaster, Society of Counseling Psychology (2012 – 2017)
* Consultant, Society of Counseling Psychology Online Mentoring Community (2015 – 2017)
* Website Developer, Council of Master’s in Counseling Training Programs (2016)
* Co-Chair, Increasing the Visibility & Interactiveness of our Convention Programs Special Task Group, Society of Counseling Psychology (2014 – 2015)
* APA Convention Hospitality Space Volunteer, Society of Counseling Psychology (2012; 2014)
* Volunteer, Society of Counseling Psychology, Atlanta Counseling Psychology Conference (2014)
* Member, Society of Counseling Psychology 2013 Leadership Academy Review Team (2012)
* Member, D17 Website Redevelopment Team, Society of Counseling Psychology (2011 – 2012)
* Member, Membership Resource Committee, Society of Counseling Psychology (2008)

**SERVICE TO THE UNIVERSITY**

* Faculty Senator, UK (2025-2026)
* Start-to-Finish Mentor, Center for Graduate & Professional Diversity Initiatives, UK (2022 – 2023)
* Invited Presenter, Psychology Graduate School Application Workshop, UK Psi Chi (2017)
* Invited Presenter, Finding the Right Research Lab, UK Psi Chi (2017)
* Invited Presenter, Introduction to Counseling Psychology, UK Psi Chi (2016)
* Invited Panelist, Graduate School Symposium for UK Psychology Scholars Program (2016, 2018)

**SERVICE TO THE COLLEGE**

* Member, Committee on Courses and Curricula, UK College of Education (2020 – 2026)
* Discussant, Spring Research Conference, UK College of Education (2025)
* Chair or Co-Chair, Inclusiveness Committee, UK College of Education (2019 – 2025)
* Member At Large, Faculty Council, UK College of Education (2022 – 2023)
* Co-Chair, UK College of Education Name Change Task Force (2020 – 2022)
* Member, Sport and Exercise Psychology Faculty Search Committee (2022)

**SERVICE TO THE PROGRAM**

* Director of Doctoral Training, UK Counseling Psychology PhD Program (2018 – Present)
* Doctoral Practicum Coordinator, UK Counseling Psychology PhD Program (2023 – Present)
* Director of Master’s Training, UK Counseling Psychology MS Program (2015-2018; 2021 – Present)
* Master’s Practicum Coordinator, UK Counseling Psychology PhD Program (2021 – Present)
* Faculty Adviser, UK Counseling Psychology Student Senate (2015 – Present)
* Co-Chair, Counseling Psychology Faculty Search Committees (2019-2020, 2020-2021, 2024)
* Presenter, Deep Poverty Workshop, UK Counseling Psychology Program (2019)

**SERVICE TO THE DEPARTMENT**

* Co-Facilitator, Spirituality & Gender/Sexual Identity, UK Social Justice Scholarship Series (2023)
* EDP Faculty Performance Reviewer, EDP (2023)
* Co-Facilitator, Capitalism and Social Class, UK Social Justice Scholarship Series (2022)
* Co-Facilitator, Sizeism and Fatphobia, UK Social Justice Scholarship Series (2021)
* Facilitator, White Fragility Book Discussion Group for EDP Students (2020)
* Facilitator, Me and White Supremacy Book Group for UK Social Justice Scholarship Series (2020)
* Member, EDP Educational Psychology Post-Doctoral Search Committee (2018)
* Member, EDP Department Chair Search Committee (2018)
* Presenter, Doctoral Preparation Workshop Series, EDP Department (2016 – 2018)
* Member, PACER Clinic Advisory Committee (2016 – 2017)

**SERVICE TO THE COMMUNITY**

* Phone Bank Volunteer Leader, Trainer & Coach, [Showing Up for Racial Justice](https://surj.org/) (2020 – Present)
* Career Exploration Consultant & Invited Speaker, Fayette County Public Schools (2017 - 2020)
* Presenter, 30+ university/community workshops on various psychological topics (2005 – 2015)

**PROFESSIONAL AFFILIATIONS**

**American Psychological Association, Member** (2006 – Present)

* Society of Counseling Psychology (Division 17, APA, 2006 - Present)
* Society for the Psychological Study of Men and Masculinities (Division 51, APA, 2006 - 2022)

**REFERENCES**

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