

# Joseph H. Hammer, PhD

*CV revised on 7/6/2020*

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## **PROFESSIONAL EXPERIENCE**

**Associate Professor**, July 2020 - Present

**Assistant Professor**, August 2015 – June 2020

- Counseling Psychology Program
- Department of Educational, School, and Counseling Psychology
- University of Kentucky (UK)

**Predoctoral Psychology Intern**, July 2014 – June 2015

- University of Maryland Counseling Center (APA-Accredited Internship)

## **EDUCATION**

**Iowa State University (ISU)**

**Doctor of Philosophy**, August 2015

- Major: Counseling Psychology (APA-Accredited Program)
- Graduate Certificate in Quantitative Psychology
- Dissertation: *Development of the Help-Seeker Stereotype Scale* (Defended May 7, 2014)

**University of Missouri (MU)**

**Master of Education**, May 2009

- Major: Counseling Psychology, Community/Agency Track

**University of Illinois, Urbana-Champaign (UIUC)**

**Bachelor of Science**, December 2006

- Major: Psychology

## **PROFESSIONAL CREDENTIALS**

**Licensed Psychologist**, Health Service Provider Designation, Kentucky License #173548 (5/12/2017)

## **PEER-REVIEWED PUBLICATIONS (N = 55)**

(\* denotes HAMMER Lab student at time of project)

Dschaak, Z. A.\*, & **Hammer, J. H.** (in press). Intention to seek help among three categories of substance-using college students: Which factors matter? *Journal of Substance Use*. doi: [10.1080/14659891.2020.1736668](https://doi.org/10.1080/14659891.2020.1736668) (PDF)

- Levant, R. F., McDermott, R. C., Parent, M. C., Alshabani, N., Mahalik, J., & **Hammer, J. H.** (in press). Development and evaluation of a new short form of the Conformity to Masculine Norms Inventory (CMNI-30). *Journal of Counseling Psychology*. doi: [10.1037/cou0000414](https://doi.org/10.1037/cou0000414) ([PDF](#))
- McDermott, R. C., Borgogna, N. C., **Hammer, J. H.**, Berry, A. T., & Levant, R. F. (in press). More similar than different? Testing the construct validity of men's and women's traditional masculinity ideology using the MRNI-VB. *Psychology of Men and Masculinities*. doi: [10.1037/men0000251](https://doi.org/10.1037/men0000251) ([PDF](#))
- Dschaak, Z. A.\*, Spiker, D. A.\*, Berney, E. C.\*, Miller, M. E.\*, & **Hammer, J. H.** (in press). Collegian help seeking: The role of self-compassion and self-coldness. *Journal of Mental Health*. doi: [10.1080/09638237.2019.1677873](https://doi.org/10.1080/09638237.2019.1677873) ([PDF](#))
- Dawson, N.\*, & **Hammer, J. H.** (in press). No pain, no gains: Conformity to masculine norms, body dissatisfaction, and exercise dependence. *Psychology of Men and Masculinities*. doi: [10.1037/men0000243](https://doi.org/10.1037/men0000243) ([PDF](#))
- Spiker, D. A.\*, Berney, E. C.\*, **Hammer, J. H.**, & Jensen, K. C. (in press). Maintaining the relationship: Relational schemas and women's intent to seek couple therapy. *The Counseling Psychologist*. ([PDF](#))
- Spiker, D. A.\*, & **Hammer, J. H.** (in press). A model of intention to provide mental health first aid in college students. *Journal of Mental Health*. doi: [10.1080/09638237.2019.1644493](https://doi.org/10.1080/09638237.2019.1644493) ([PDF](#))
- Hammer, J. H.**, Wade, N. G. & Cragun, R. T. (in press). Valid assessment of spiritual quality of life with the WHOQOL-SRPB BREF across religious, spiritual, and secular persons: A psychometric study. *Psychology of Religion and Spirituality*. doi: [10.1037/rel0000266](https://doi.org/10.1037/rel0000266) ([PDF](#)) ([Link to supplemental material](#))
- Hammer, J. H.**, & Cragun, R. T. (in press). Daily spiritual experiences and well-being among the nonreligious, spiritual, and religious: A bifactor analysis. *Psychology of Religion and Spirituality*. doi: [10.1037/rel0000248](https://doi.org/10.1037/rel0000248) ([PDF](#)) ([Link to supplemental material](#))
- Hammer, J. H.**, Perrin, P. B., & Spiker, D. A.\* (in press). Impact of integrated care and co-location of care on mental help-seeking perceptions. *Journal of Mental Health*. doi: [10.1080/09638237.2019.1581334](https://doi.org/10.1080/09638237.2019.1581334) ([PDF](#)).
- McDermott, R. C., Levant, R. L., **Hammer, J. H.**, Borgogna, N. C., & McKelvey, D. K. (2019). Development and validation of a five-item Male Role Norms Inventory using bifactor modeling. *Psychology of Men & Masculinities*, 20(4), 467-477. doi: [10.1037/men0000178](https://doi.org/10.1037/men0000178) ([PDF](#))
- Hammer, J. H.**, & Lazar, A. (2019). Internal Structure and criterion relationships for long and brief versions of the Intratextual Fundamentalism Scale (IFS) among Israeli Jews. *Psychology of Religion and Spirituality*, 11(4), 358-367. doi: [10.1037/rel0000148](https://doi.org/10.1037/rel0000148) ([PDF](#))
- Spiker, D. A.\*, & **Hammer, J. H.**, & Parnell, K. J. (2019). Men in unhappy relationships: Perceptions of couple therapy. *Journal of Social and Personal Relationships*, 36, 2015-2034. doi: [10.1080/09638237.2018.1437613](https://doi.org/10.1080/09638237.2018.1437613) ([PDF](#))

- Hammer, J. H.**, Spiker, D. A.\*, & Perrin, P. B. (2019). Physician referral to a psychologist: Testing alternative behavioral healthcare seeking models. *Journal of Clinical Psychology*, 75, 726-741. doi: [10.1002/jclp.22729](https://doi.org/10.1002/jclp.22729) (PDF)
- Spiker, D. A.\*, & **Hammer, J. H.** (2019). Mental health literacy as theory: Current challenges and future directions. *Journal of Mental Health*, 28, 238-242. doi: [10.1080/09638237.2018.1437613](https://doi.org/10.1080/09638237.2018.1437613) (PDF)
- Kivlighan, D. M., III, Jung, A. K., Berkowitz, A., **Hammer, J. H.**, & Collins, N. M. (2019). 'To show or no-show'? Therapist racial/ethnic disparities in clients' nonattendance in therapy. *Journal of College Student Psychotherapy*, 33, 1-13. doi: [10.1080/87568225.2018.1424597](https://doi.org/10.1080/87568225.2018.1424597) (PDF)
- Rostosky, S., Cardom, J. D., **Hammer, J. H.**, & Riggle, D. B. (2018). LGB positive identity and psychological well-being. *Psychology of Sexual Orientation and Gender Diversity*, 5, 482-489. doi: [10.1037/sgd0000298](https://doi.org/10.1037/sgd0000298)
- Lazar, A., & **Hammer, J. H.** (2018). Religiousness and anti-gay/lesbian attitudes: The mediating function of intratextual religious fundamentalism. *Psychology of Violence*, 8, 763-771. doi: [10.1037/vio0000197](https://doi.org/10.1037/vio0000197)
- Hammer, J. H.**, Heath, P. J., & Vogel, D. L. (2018). Fate of the total score: Dimensionality of the Conformity to Masculine Role Norms Inventory (CMNI-46). *Psychology of Men & Masculinity*, 19, 645-651. doi: [10.1037/men0000147](https://doi.org/10.1037/men0000147) (PDF) >[Video Summary](#)<
- Hammer, J. H.**, & Spiker, D. A.\* (2018). Dimensionality, reliability, and predictive evidence of validity for three help seeking intention instruments: ISCI, GHSQ, and MHSIS. *Journal of Counseling Psychology*, 65, 394-401. doi: [10.1037/cou0000256](https://doi.org/10.1037/cou0000256) (PDF)  
Note: Learn more about the [Mental Help Seeking Intention Scale \(MHSIS\)](#).
- Hammer, J. H.**, & Parent, M. C., & Spiker, D. A.\* (2018). Mental Help Seeking Attitudes Scale (MHSAS): Development, reliability, validity, and comparison with the ATSSPH-SF and IASMHS-PO. *Journal of Counseling Psychology*, 65, 74-85. doi: [10.1037/cou0000248](https://doi.org/10.1037/cou0000248) (PDF)  
Note: Learn more about the [Mental Help Seeking Attitudes Scale \(MHSAS\)](#).
- Hammer, J. H.**, & McDermott, R. C., Levant, R. F., & McKelvey, D. K. (2018). Dimensionality, reliability, and validity of the Gender Role Conflict Scale – Short Form (GRCS-SF). *Psychology of Men & Masculinity*, 19, 570-583. doi: [10.1037/men0000131g](https://doi.org/10.1037/men0000131g) (PDF)
- Cragun, R. T., **Hammer, J. H.**, Nielsen, M., & Autz, N. (2018). Religious/secular distance: How far apart are teenagers and their parents? *Psychology of Religion and Spirituality*, 10, 288-295. doi: [10.1037/rel0000205](https://doi.org/10.1037/rel0000205) (PDF)
- Parnell, K. J. & **Hammer, J. H.** (2018). Deciding on couple therapy: The role of masculinity in relationship help-seeking. *Psychology of Men & Masculinity*, 19, 212-222. doi: [10.1037/men0000098](https://doi.org/10.1037/men0000098) (PDF)
- Singley, D. B., Cole, B. P., **Hammer, J. H.**, Molloy, S., Rowell, A., & Isaaco, A. (2018). Development and psychometric evaluation of the Paternal Involvement with Infants Scale. *Psychology of Men & Masculinity*, 19, 167-183. doi: [10.1037/men0000094](https://doi.org/10.1037/men0000094) (PDF)

- Parent, M. C., **Hammer, J. H.**, Bradstreet, T. C., Schwartz, E. N., & Jobe, T. (2018). Men's mental health help-seeking behaviors: An intersectional analysis. *American Journal of Men's Health*, 12, 64-73. doi: [10.1177/1557988315625776](https://doi.org/10.1177/1557988315625776)
- Hammer, J. H.**, & Brenner, R. E. (2017). Disentangling gratitude: A theoretical and psychometric examination of the Gratitude Resentment and Appreciation Test- Revised Short (GRAT-RS). *Journal of Personality Assessment*, 14, 1-10. doi: [10.1080/00223891.2017.1344986](https://doi.org/10.1080/00223891.2017.1344986) (PDF)
- McDermott, R., Levant, R. F., **Hammer, J. H.**, Hall, R., McKelvey, D., & Jones, Z. (2017). Further examination of the factor structure of the Male Role Norms Inventory-Short Form (MRNI-SF): Measurement considerations for women, men of color, and gay men. *Journal of Counseling Psychology*, 64, 724-738. doi: [10.1037/cou0000225](https://doi.org/10.1037/cou0000225) (PDF)
- Hammer, J. H.**, & Toland, M. D. (2017). Internal structure and reliability of the Internalized Stigma of Mental Illness Scale (ISMI-29) and brief versions (ISMI-10, ISMI-9) among Americans with depression. *Stigma and Health*, 2, 159-174. doi: [10.1037/sah0000049](https://doi.org/10.1037/sah0000049) (PDF)  
 Note: Learn more about the [Internalized Stigma of Mental Illness Scale-9 \(ISMI-9\)](#).
- Hammer, J. H.**, & Vogel, D. V. (2017). Development of the Help-Seeker Stereotype Scale. *Stigma and Health*, 2, 121-136. doi: [10.1037/sah0000048](https://doi.org/10.1037/sah0000048) (PDF)  
 Note: Learn more about the [Help-Seeker Stereotype Scale \(HSSS\)](#).
- Beck, N. C., **Hammer, J. H.**, Robbins, S., Tubbesing, T., Menditto, A., & Pardee, A. (2017). Highly aggressive women in a forensic psychiatric hospital. *The Journal of the American Academy of Psychiatry and the Law*, 45, 17-24. (PDF)
- Cragun, R. T., Sumerau, J. E., Blyde, V. L., Mann, M., & **Hammer, J. H.** (2016). Perceived marginalization, educational contexts, and (non)religious educational experience. *Journal of College and Character*, 17, 242-254. doi: [10.1080/2194587X.2016.1230758](https://doi.org/10.1080/2194587X.2016.1230758) (PDF)
- Brewster, M. E., **Hammer, J. H.**, Sawyer, J., Eklund, A., & Palamar, J. (2016). Perceived experiences of atheist discrimination: Instrument development and evaluation. *Journal of Counseling Psychology*, 63, 557-570. doi: [10.1037/cou0000156](https://doi.org/10.1037/cou0000156) (PDF)
- Isacco, A., **Hammer, J. H.**, Shen-Miller, D. S. (2016). Outnumbered, but meaningful: The experience of male doctoral students in professional psychology training programs. *Training and Education in Professional Psychology*, 10, 45-53. doi:[10.1037/tep0000107](https://doi.org/10.1037/tep0000107) (PDF)
- Langston, J., **Hammer, J. H.**, & Cragun, R. (2015). Atheism looking in: On the goals and strategies of organized nonbelief. *Science, Religion, and Culture*, 2, 70-85.  
 doi:[10.17582/journal.src/2015/2.3.70.85](https://doi.org/10.17582/journal.src/2015/2.3.70.85) (PDF)
- Cragun, R. T., & **Hammer, J. H.**, Harder, B. M., Fernandez, C., & Nielsen, M. (2015). The NonReligious-NonSpiritual Scale (NRNSS): Measuring everyone from Atheists to Zionists. *Science, Religion, and Culture*, 3, 36-53. doi: [10.17582/journal.src/2015/2.3.36.53](https://doi.org/10.17582/journal.src/2015/2.3.36.53) (PDF)
- Alfred, G. C., **Hammer, J. H.**, & Good, G. (2014). Male student veterans: Hardiness, psychological well-being, and masculine norms. *Psychology of Men & Masculinity*, 15, 95-99.  
 doi: [10.1037/a0031450](https://doi.org/10.1037/a0031450) (PDF)

- Vogel, D. L., Wester, S. R., **Hammer, J. H.**, & Downing-Matibag, T. (2014). Referring men to seek help: The influence of gender role conflict and stigma. *Psychology of Men & Masculinity, 15*, 60-67. doi: [10.1037/a0031761](https://doi.org/10.1037/a0031761) (PDF)
- Hammer, J. H.**, & Vogel, D. V. (2013). Assessing the utility of the willingness/prototype model in predicting help-seeking decisions. *Journal of Counseling Psychology, 60*, 83-97. doi: [10.1037/a0030449](https://doi.org/10.1037/a0030449) (PDF)
- Hammer, J. H.**, Vogel, D. V., & Heimerdinger-Edwards, S. (2013). Men's help seeking: Examination of differences across community size, education, and income. *Psychology of Men & Masculinity, 14*, 65-75. doi: [10.1037/a0026813](https://doi.org/10.1037/a0026813) (PDF)
- Hammer, J. H.**, Cragun, R. T., & Hwang, K. (2013). Measuring spiritual fitness: Atheist military personnel, veterans, and civilians. *Military Psychology, 25*, 438-451. doi: [10.1037/mil0000010](https://doi.org/10.1037/mil0000010) (PDF)
- Tucker, J. R., **Hammer, J. H.**, Vogel, D. L., Bitman, R. L., & Wade, N. G. (2013). Disentangling stigmas: Are mental-illness and help-seeking stigmas distinct. *Journal of Counseling Psychology, 60*, 520-531. doi: [10.1037/a0033555](https://doi.org/10.1037/a0033555) (PDF)
- Vogel, D. L., Bitman, R. L., **Hammer, J. H.**, & Wade, N. G. (2013). Is stigma internalized? The longitudinal impact of public stigma on self-stigma. *Journal of Counseling Psychology, 60*, 311-316. doi: [10.1037/a0031889](https://doi.org/10.1037/a0031889) (PDF)
- Vogel, D. L., Armstrong, P. I., Tsai, P-C., Wade, N. G., **Hammer, J. H.**, Efstathiou, G., Holtham, E., Kouvaraki, E., Liao, H-Y., Shechtman, Z., & Topkaya, N. (2013). Cross-cultural validity of the Self-Stigma of Seeking Help (SSOSH) scale: Examination across six nations. *Journal of Counseling Psychology, 60*, 303-310. doi: [10.1037/a0032055](https://doi.org/10.1037/a0032055) (PDF)
- Hammer, J. H.**, Cragun, R., Hwang, K., & Smith, J. (2012). Forms, frequency, and correlates of perceived anti-atheist discrimination. *Secularism & Nonreligion, 1*, 43-67. doi: [10.5334/snr.ad](https://doi.org/10.5334/snr.ad) (PDF)
- Cragun, R., Kosmin, B., Keysar, A., **Hammer, J. H.**, & Nielsen, M. (2012). On the receiving end: Discrimination toward the non-religious. *Journal of Contemporary Religion, 27*, 105-127. doi: [10.1080/13537903.2012.642741](https://doi.org/10.1080/13537903.2012.642741) (PDF)
- Cragun, R. T., Henry, P., Homan, C. P., & **Hammer, J. H.** (2012). Whom do people dislike more: Atheists or cultists? *Interdisciplinary Journal of Research on Religion, 8*, 1-19. (PDF)
- Hammer, J. H.**, Springer, J., Beck, N., Menditto, A., & Coleman, J. (2011). Seclusion and restraint: Relationship with childhood sexual and physical abuse. *Journal of Interpersonal Violence, 26*, 567-579. doi: [10.1177/0886260510363419](https://doi.org/10.1177/0886260510363419) (PDF)
- Hwang, K., **Hammer, J. H.**, & Cragun, R. (2011). Extending the religion-health research to secular minorities: Issues and concerns. *Journal of Religion and Health, 50*, 608-622. doi: [10.1007/s10943-009-9296-0](https://doi.org/10.1007/s10943-009-9296-0) (PDF)
- Cragun, R. T., & **Hammer, J. H.** (2011). "One person's apostate is another person's convert": What terminology tells us about pro-religious hegemony in the sociology of religion. *Humanity and Society, 35*, 159-175. doi: [10.1177/016059761103500107](https://doi.org/10.1177/016059761103500107) (PDF)

- Vogel, D., Heimerdinger-Edwards, S., **Hammer, J. H.**, & Hubbard, A. (2011). "Boys don't cry": Examination of the links between endorsement of masculine norms, self-stigma and help-seeking attitudes for men from diverse backgrounds. *Journal of Counseling Psychology*, 58, 368-382. doi: [10.1037/a0023688](https://doi.org/10.1037/a0023688) (PDF)
- Heimerdinger-Edwards, S., Vogel, D., & **Hammer, J. H.** (2011). Extending sexual objectification theory and research to minority populations, couples, and men. *The Counseling Psychologist*, 39, 140-152. doi: [10.1177/0011000010383894](https://doi.org/10.1177/0011000010383894) (PDF)
- Hammer, J. H.**, & Good, G. (2010). Positive psychology: An empirical examination of beneficial aspects of endorsement of masculine norms. *Psychology of Men & Masculinity*, 11, 303-318. doi: [10.1037/a0019056](https://doi.org/10.1037/a0019056) (PDF)
- Hammer, J. H.** & Vogel, D. L. (2010). Men's help seeking for depression: The efficacy of a male-sensitive brochure about therapy. *The Counseling Psychologist*, 38, 296-313. doi: [10.1177/0011000009351937](https://doi.org/10.1177/0011000009351937) (PDF)  
Note: Download a copy of the [male-sensitive brochure](#) developed for this study.
- Spanierman, L. B., Neville, H. A., Liao, H., **Hammer, J. H.**, & Wang, Y. (2008). Participation in formal and informal campus diversity experiences: Effects on students' racial democratic beliefs. *Journal of Diversity in Higher Education*, 1, 108-125. doi: [10.1037/1938-8926.1.2.108](https://doi.org/10.1037/1938-8926.1.2.108) (PDF)

#### **MANUSCRIPTS UNDER REVIEW**

- Brenner, R. E., Colvin, K. F., **Hammer, J. H.**, & Vogel, D. L. (under review). Using Item Response Theory to develop revised (SSOSH-7) and screener (SSOSH-3) Self-Stigma of Seeking Help scales. *Journal of Counseling Psychology*.
- Hammer, J. H.**, Hargons, C. N., & Dschaak, Z. A. (under review). Black collegians' mental help seeking: Testing twelve top factors. *Journal of Mental Health*.
- Berney, E. C., **Hammer, J. H.**, & Parent, M. C (under review). An assessment of the relationship between gender conformity and parenting behavior. *Journal of Child and Family Studies*.

#### **BOOK CHAPTERS**

- Langston, J. A., **Hammer, J. H.**, Cragun, R. T., & Sikes, M. E. (2017). Inside the minds and movement of America's nonbelievers. In R. T. Cragun, L. Fazino, & C. J. Manning (Eds.), *Organized secularism in the United States, Religion and its others: Studies in religion, nonreligion, and secularity* (pp. 191-220). Boston, MA: De Gruyter. ([Link](#))
- Cragun, R., **Hammer, J. H.**, & Smith, J. M. (2014). North America. In S. Bullivant (Ed.), *The Oxford Handbook of Atheism* (pp. 601-621). Oxford, UK: Oxford University Press. ([Link](#))

#### **AWARDS AND HONORS**

- Outstanding Graduate Mentor Award, Kentucky Psychological Foundation (2019)
- Certificate of Excellence in Reviewing, Journal of Counseling Psychology (2018)
- Outstanding Graduate Student Award, Council of Counseling Psychology Training Programs (2014)



- Mentoring Excellence Award, ISU Department of Psychology (2014)
- Barbara A. Kirk Award, Society of Counseling Psychology (2012 – 2013)
- Graduate Teaching Excellence Award, ISU Graduate College (2013)
- Exceptional Teaching Award, ISU Department of Psychology (2013)
- Outstanding Counseling Psychology Student Award, ISU Department of Psychology (2013)
- SCP Leadership Academy Participant, Society of Counseling Psychology (2012)
- Exceptional Research Productivity Award, ISU Department of Psychology (2012)
- Fellow, Preparing Future Faculty (PFF), ISU Chapter (2010 – 2011)
- Student of the Year Award, Society for the Psychological Study of Men and Masculinity (2009)
- Outstanding Empirical Journal Article, ISU Department of Psychology (2009)
- Travel Grants, ISU Department of Psychology (\$1600; 2009 – 2014)

### **RESEARCH FUNDING**

- Professional Development Grants, ISU Graduate & Professional Student Senate (\$800; 2011 – 2014)
- Peer Research Award, ISU Graduate and Professional Student Senate (\$200; 2013)
- Graduate Research Excellence Award, ISU Graduate College (\$100; 2012)
- Harold V. Gaskill Fellowship, ISU (\$5424; 2009 – 2010)
- Edwin B. Newman Graduate Psychology Research Award, APA/Psi Chi (\$2300; 2009)

### **GRANT PROPOSALS**

**Hammer, J. H.** (2018). *Mental healthcare disparities: A longitudinal test of barriers to seeking behavioral healthcare from primary care physicians*. University of Kentucky. \$7,500 Direct. Reviewed and funded.

**Hammer, J. H.** (2017). *Determining the causal impact of stigma on trust and mental healthcare participation across vulnerable populations*. Robert Wood Johnson Foundation. \$95,504 Direct and Indirect. Reviewed and unfunded.

Cragun, R. T., Smith, J. M., **Hammer, J. H.**, & Hwang, K. (2013). *I can't believe in a God that... : Cross-cultural cognitive representations of rejected Gods among nonbelievers*. The John Templeton Foundation. \$240,900 Direct. Online funding inquiry reviewed and unfunded.

Lannin, D., & **Hammer, J. H.** (2013). *Comparing the relative efficacy of self-affirmation and self-disclosure writing interventions for reducing mental illness and help-seeking self-stigma*. American Psychological Foundation. \$5,000 Direct. Reviewed and unfunded.

Vogel, D., & **Hammer, J. H.** (2010). *Reducing prejudice towards gay men and lesbian women*. American Psychological Foundation. \$20,000 Direct. Reviewed and unfunded.

### **PEER-REVIEWED CONFERENCE PRESENTATIONS (N = 46)**

(\* denotes HAMMER Lab student at time of project)

Stanley, A. A., Miller, M. E., Berney, E. C., & **Hammer, J. H.** (2020, August). Help-seeking after sexual assault: As seen through the theory of planned behavior. Poster presented at the 128th American Psychological Association Convention, Washington, DC.

Ozmat, E. E., Ertl, M. M., Brenner, R. E., Heath, P. J., Ladouceur, G. M., Bozek, D. M., **Hammer, J. H.** (2020, August). External coping behaviors mediate the relation between self-compassion and

mental health. Poster presented at the 128th American Psychological Association Convention, Washington, DC.

Stonecipher, E. S., Ertl, M. M., Egli, M. R., Brenner, R. E., & **Hammer, J. H.** (2020, August). Exploring mental health disparities among non-monosexual and multiracial college students. Poster presented at the 128th American Psychological Association Convention, Washington, DC.

**Hammer, J. H.** (2019, August). Discussant remarks. In J. Sawyer (Chair), *Atheist research in psychology: Current trends and future directions*. Symposium presented at the 127th Annual Convention of the American Psychological Association, Chicago, IL.

Dawson, N., & **Hammer, J. H.** (2019, August). *No more subscale scores?: Bifactor analysis of the Exercise Dependence Scale-Revised*. Poster presented at the 127th Annual Convention of the American Psychological Association, Chicago, IL.

Phelps, M., Berney, E. C., & **Hammer, J. H.** (2019, August). *The role of stealth status, conformity to masculine norms, and anxiety in transgender men*. Poster presented at the 127th Convention of the American Psychological Association, Chicago, IL.

Dschaak, Z. A., Spiker, D. A., Herndon, C. W., & **Hammer, J. H.** (2019, August). *Substance abuse destroys lives: Partner support and substance use help seeking*. Poster presented at the 127th Annual Convention of the American Psychological Association. Chicago, IL.

Stanley, A. A., Miller, M. E., Berney, E. C., Dschaak, Z. A., & **Hammer, J. H.** (2019, August). *The role of trust in reporting sexual assault to campus authorities in a national sample*. Poster presented at the 127th Annual Convention of the American Psychological Association. Chicago, IL.

Borgogna, N., McDermott, R. C., Levant, R. F., & **Hammer, J. H.** (2019, August). The development and evaluation of the Very Brief Male Role Norms Inventory. In R. Levant (Chair), *Recent advances in scale development in the psychology of men and masculinities*. Symposium presented at the 127th Annual Convention of the American Psychological Association, Chicago, IL.

Brenner, R. E., **Hammer, J. H.**, Vogel, D. L., Bitman-Heinrichs, R. L., Heath, P. J., & Wade, N. G. (2019, August). *Extending the theoretical understanding of mental illness and help-seeking self-stigmas*. Poster presented at the 127th Annual Convention of the American Psychological Association, Chicago, IL.

Brenner, R.E., McDermott, R. C., **Hammer, J. H.**, & Tucker, J. R. (2019, August). *Measurement invariance of the Self-Stigma of Seeking Help Scale (SSOSH)*. Poster presented at the 127th Annual Convention of the American Psychological Association, Chicago, IL.

**Hammer, J. H.** (2018, August). Using bifactor analysis to test the structure of psychological constructs: A masculinity case study. In R. Brenner (Chair), *Advocacy and diversity in measurement: Scale development, bifactor analysis, and invariance testing*. Symposium conducted at the 126<sup>th</sup> Annual Convention of the American Psychological Association, San Francisco, CA.

Spiker, D. A.\*, Dschaak, Z. A.\*, & **Hammer, J. H.** (2018, August). *Mental health first aid and prosocial behavior: A model of intention to provide informal support*. Poster presented at the 126<sup>th</sup> Annual Convention of the American Psychological Association, San Francisco, CA.



- Spiker, D. A.\*, & **Hammer, J. H.**, & Parnell, K. (2018, August). *Men in unhappy relationships: Perceptions of couple therapy*. Poster presented at the 126<sup>th</sup> Annual Convention of the American Psychological Association, San Francisco, CA.
- Dschaak, Z. A.\*, Spiker, D. A.\*, & **Hammer, J. H.** (2018, August). *Formal and informal help seeking intentions and utilization among substance-using college students*. Poster presented at the 126<sup>th</sup> Annual Convention of the American Psychological Association, San Francisco, CA.
- Berney, E. C.\*, Jensen, K. C.\*, & **Hammer, J. H.** (2018, August). *Quasi-intention to seek psychological help in a sample of college veterans*. Poster presented at the 126<sup>th</sup> Annual Convention of the American Psychological Association, San Francisco, CA.
- Berney, E. C.\*, Clements, Z. A., & **Hammer, J. H.** (2018, August). *Using the CMNI-46 in a sample of transgender men*. Poster presented at the 126<sup>th</sup> Annual Convention of the American Psychological Association, San Francisco, CA.
- Dawson, N.\*, & **Hammer, J. H.** (2018, August). *Conformity to masculine norms, body dissatisfaction, and maladaptive exercise*. Poster presented at the 126<sup>th</sup> Annual Convention of the American Psychological Association, San Francisco, CA.
- Lazar, A., & **Hammer, J. H.** (2018, August). *Religiousness and anti-gay/lesbian attitudes: The mediating function of intratextual religious fundamentalism*. Poster presented at the 126<sup>th</sup> Annual Convention of the American Psychological Association, San Francisco, CA.
- Hammer, J. H.**, Wade, N. G., Cragun, R. T., Sandage, S. J., & Spiker, D. A.\* (2017, August). *Bifactor analysis of the daily Spiritual Experiences Scale (DSES) across (non)religious groups*. Poster presented at the 125<sup>th</sup> Annual Convention of the American Psychological Association, Washington, DC.
- Spiker, D. A.\*, & **Hammer, J. H.** (2017, August). *Integrated care vs. classic care: The impact of distance and type of care on perceptions of mental health treatment*. Poster presented at the 125<sup>th</sup> Annual Convention of the American Psychological Association, Washington, DC.
- McKelvey, D. C., McDermott, R. C., **Hammer, J. H.**, Levant, R. F., Hall, R. H., & Jones, Z. K. (2017, August). Examination of the Male Role Norms Inventory-Short Form: Measurement considerations. In R. Levant (Chair), *Recent research in the psychology of men and masculinities using advanced methods*. Symposium conducted at the 125<sup>th</sup> Annual Convention of the American Psychological Association, Washington, DC.
- Singley, D. B., Cole, B. P., **Hammer, J. H.**, Molloy, S., & Isacco, A. (2016, September). *Development and psychometric evaluation of the Paternal Involvement with Infants Scale*. Poster presented at the National Conference for Clinical Child and Adolescent Psychology, Lawrence, KS.
- Hammer, J. H.**, Wade, N., Cragun, R., & Sandage, S. (2016, August). Psychometric performance of popular spirituality instruments across nonreligious populations. In K. Harris (Chair), *Assessing spirituality in a diversified world: Mainstream, other, and non-religious views*. Symposium conducted at the 124<sup>th</sup> Annual Convention of the American Psychological Association, Denver, CO.

- Hammer, J. H., Jung, A-K., & Kang, J.** (2015, August). *Exploratory and confirmatory factor analysis of the Behavioral Outcome Measure-20*. Poster presented at the 123<sup>rd</sup> Annual Convention of the American Psychological Association, Toronto, Canada.
- Hammer, J. H. & Vogel, D. L.** (2014, August). *Development and validation of the Help-Seeker Stereotype Scale*. Poster presented at the 122<sup>nd</sup> Annual Convention of the American Psychological Association, Washington, DC.
- Hammer, J. H. & Vogel, D. L.** (2014, August). *Comparing the predictive validity of single vs. dual-process vocational help-seeking models*. Poster presented at the 122<sup>nd</sup> Annual Convention of the American Psychological Association, Washington, DC.
- Hammer, J. H. & Cragun, R.** (2013, August). Atheist military personnel & veterans reflect on the Army's spiritual fitness training. In M. Brewster (Chair), *Current advancements and new directions in atheism research*. Symposium conducted at the 121<sup>st</sup> Annual Convention of the American Psychological Association, Honolulu, HI.
- Vogel, D. L., Wester, S. R., Danforth, L., & **Hammer, J. H.** (2013, August). *Gender role conflict and perceived support for seeking mental health services*. Poster presented at the 121<sup>st</sup> Annual Convention of the American Psychological Association, Honolulu, HI.
- Hammer, J. H., & Cragun, R.** (2012, August). Measuring the spiritual fitness of atheist U.S. military personnel, veterans, and civilians. In D. Wulff & J. Hammer (Chairs), *Understanding religion and spirituality through the psychological study of atheists*. Symposium conducted at the 120<sup>th</sup> Annual Convention of the American Psychological Association, Orlando, FL.
- Bitman, R. L., Vogel, D. L., & **Hammer, J. H.** (2012, August). *The longitudinal impact of public stigma on self-stigma: Is societal stigma internalized?* Poster presented at the 120<sup>th</sup> Annual Convention of the American Psychological Association, Orlando, FL.
- Tucker, J. R., **Hammer, J. H.**, Vogel, D. L., & Wade, N. G. (2012, August). *Disentangling the self-stigma of mental illness and the self-stigma of seeking psychological help*. Poster presented at the 120<sup>th</sup> Annual Convention of the American Psychological Association, Orlando, FL.
- Hammer, J. H.** (2011, August). *A near-universal religiosity/spirituality scale: The Secularity Scale*. Poster presented at the 119<sup>th</sup> Annual Convention of the American Psychological Association, Washington, DC.
- Hammer, J. H.** (2011, August). *Assessing the utility of the willingness/prototype model in predicting help seeking behavior*. Poster presented at the 119<sup>th</sup> Annual Convention of the American Psychological Association, Washington, DC.
- Tsai, P., Vogel, D., Wade, N., **Hammer, J. H.**, Liao, H., Wang, C., Holtham, E., Kouvaraki, E., Efstathiou, G., Golden, S., Sezer, S., Kezer, F., & McCullagh, A. (2011, August). Cross-cultural validation of Self-Stigma of Seeking Help (SSOSH) Scale. In J. J. Mohr (Chair), *The intersection of stigma and psychotherapy: Innovations in research and practice*. Symposium conducted at the 119<sup>th</sup> Annual Convention of the American Psychological Association, Washington, DC.
- Vogel, D. L., Wester, S. R., Hackler, A., **Hammer, J. H.**, Downing-Matibag, T., & Geisinger, B. (August, 2010). *Gender role conflict, stigma, and talking about psychological issues*. Paper

presented at the 118<sup>th</sup> Annual Convention of the American Psychological Association, San Diego, CA.

**Hammer, J. H.** (2009, August). Construction and analysis of the male psychology doctoral student survey. In C. Z. Oren (Chair), *Male psychology doctoral students*. Symposium conducted at the 117<sup>th</sup> Annual Convention of the American Psychological Association, Toronto, Canada.

**Hammer, J. H.** (2009, August). *The nature and sequelae of religious discrimination as experienced by atheists*. Paper presented at the 117<sup>th</sup> Annual Convention of the American Psychological Association, Toronto, Canada.

Splett, J., **Hammer, J. H.**, Schultz, T., & Brooks, C. (2009, April). *Reducing relational aggression through combined group counseling and parent education interventions*. Paper presented at the 1<sup>st</sup> Annual ESCP Poster Conference, Columbia, MO.

**Hammer, J. H.** (2008, August). Education & intervention with students accused of sexual assault on the college campus. In G. E. Good & T. Khairallah (Chairs), *Engaging challenging and underserved men*. Symposium conducted at the 116<sup>th</sup> Annual Convention of the American Psychological Association, Boston, MA.

**Hammer, J. H.** (2008, August). A masculine approach to multicultural mental health marketing. In R. F. Levant (Chair), *Recent advances in the study of men and depression*. Symposium conducted at the 116<sup>th</sup> Annual Convention of the American Psychological Association, Boston, MA.

Vogel, D. & **Hammer, J. H.** (2008, August). *Predicting men's help seeking behavior for depression across culture*. Poster presented at the 116<sup>th</sup> Annual Convention of the American Psychological Association, Boston, MA.

**Hammer, J. H.** & Good, G. (2008, March). *International men of misery: Male-depression brochure efficacy*. Poster presented at the International Counseling Psychology Conference, Chicago, IL.

**Hammer, J. H.** & Good, G. (2008, March). *Real men. Really depressed: Efficacy of male-targeted depression awareness brochures*. Poster presented at the International Counseling Psychology Conference, Chicago, IL.

**Hammer, J. H.** (2008, February). *Masculine socialization: A psychological perspective*. Paper presented at the 2<sup>nd</sup> Annual Women's and Gender Studies Graduate Student Organization Conference, Columbia, MO.

Micik, K., Aul, E., Bush, H., **Hammer, J. H.**, & Trattner, M. (2007, October). *Relationship violence on college campuses*. Workshop presented at the Activ8 Conference, Warrensburg, MO.

### **INVITED PRESENTATIONS**

**Hammer, J. H.**, Berney, E. C., & Miller, M. E. (2019, April). *What stops people from seeking behavioral healthcare when they need it?* Invited presentation for the Clinical Psychology Program Brownbag Speaker Series, University of Kentucky, Lexington, KY.

**Hammer, J. H.** (2018, February). *Is this real life?: Why Good Psychological Measurement Matters*. Invited presentation for the Psychology Department's Clinical Psychology Colloquium Series, University of Cincinnati, Cincinnati, OH.

Spiker, D. A., & **Hammer, J. H.** (2017, October). *Mental health literacy: current challenges and future directions*. Invited presentation for the UK Center for Health Services Research Work in Progress session series, University of Kentucky, Lexington, KY.

**Hammer, J. H.**, & Toland, M. D. (2016, November). *Clarifying dimensionality and reliability with bifactor analysis*. Invited presentation for the Social Psychology Program Brownbag Speaker Series, University of Kentucky, Lexington, KY.

**Hammer, J. H.**, & Toland, M. D. (2016, October). *Bifactor analysis in Mplus*. Invited presentation for the Applied Quantitative and Psychometric Series, University of Kentucky, Lexington, KY.

### **EDITORIAL REVIEW**

- Editorial Board Member, *Journal of Counseling Psychology* (2017 – Present)
- Editorial Board Member, *Psychology of Men & Masculinities* (2016 – Present)
- Editorial Board Member, *Secularism and Nonreligion* (2012 – Present)
- Ad Hoc Reviewer, *The Counseling Psychologist* (2016 – 2019)
- Ad Hoc Reviewer, *Men and Masculinities* (2019)
- Ad Hoc Reviewer, *Journal of Mental Health* (2018)
- Ad Hoc Reviewer, *Journal of Theoretical Social Psychology* (2018)
- Ad Hoc Reviewer, *Behavior Research and Therapy* (2018)
- Ad Hoc Reviewer, *Asia Pacific Journal of Counselling and Psychotherapy* (2018)
- Ad Hoc Reviewer, *Journal of Research on Adolescence* (2018)
- Ad Hoc Reviewer, *Journal of Applied Psychology: Experimental* (2017 – 2018)
- Ad Hoc Reviewer, *PLoS One* (2017)
- Ad Hoc Reviewer, *Professional Psychology: Research and Practice* (2017)
- Ad Hoc Reviewer, *BMC Public Health* (2017)
- Ad Hoc Reviewer, *Psychology of Religion and Spirituality* (2015 – 2017)
- Ad Hoc Reviewer, *Journal of Cross-Cultural Psychology* (2015 – 2017)
- Ad Hoc Reviewer, *European Journal of Psychological Assessment* (2016)
- Ad Hoc Reviewer, *Journal of Counseling Psychology* (2011 – 2016)
- Ad Hoc Reviewer, *Psychology of Men & Masculinity* (2012 – 2015)
- Ad Hoc Reviewer, *Qualitative Sociology* (2014)
- Ad Hoc Reviewer, *Psychiatric Rehabilitation Journal* (2014)
- Reviewer, Society of Counseling Psychology APA Convention proposals (2014)
- Ad Hoc Reviewer, *Journal for the Scientific Study of Religion* (2012)
- Reviewer, Society for the Psych. Study of Ethnic Minority Issues APA Convention proposals (2012)
- Ad Hoc Reviewer, *Archive for the Psychology of Religion* (2010)

### **TEACHING EXPERIENCE**

#### **University of Kentucky**

- EDP 605: Introduction to Counseling Techniques I
- EDP 606: Professional Issues in Counseling Psychology
- EDP 652: Theories of Counseling
- EDP 664: Pre-Masters Practicum in Counseling Psychology
- EDP 665: Post-Masters Practicum in Counseling Psychology
- EDP 666: Psychology of Career Counseling

- EDP 708: Internship in Educational, School, and Counseling Psychology

### **Iowa State University**

- PSYCH 102: Laboratory in Introductory Psychology
- PSYCH 131: Academic Learning Skills
- PSYCH 302: Research Methods in Psychology
- PSYCH 422L: Laboratory in Counseling Theories and Techniques
- UST 104: Personal Career Development

## **ACADEMIC ADVISING**

### **Dissertation Chair/Co-Chair**

- Amelia Stanley (2020 – Present)
- Emily Murphy (2019 – Present)
- Melanie Miller (2018 – Present)
- Elyssa Berney (2017 – Present)
- Kelsey Redmayne (2019 – Present)
- Zachary Dschaak (2017 – Present)
- Jade Hollan (2019 – Present)
- Alyssa Clements-Hickman (2019 - Present)
- Douglas Spiker (2016 – 2020)

### **Dissertation Committee Member**

- Todd Ryser-Oatman (2016 – Present)
- Matthew Richardson (2018 – Present)
- Carol Hanley (2019 – 2020)
- David Deuber (2017 – 2020)
- Jade Hollan (2017 – 2019)
- Alyssa Clements-Hickman (2017 – 2019)
- Kelsey Redmayne (2018 – 2019)
- Michael Mejia (2016 – 2017)

### **Dissertation Outside Examiner**

- Jennifer Ferguson (2020)
- Charles Brake (2019)
- Christine Lee (2018)
- Maureen Cavalcanti (2017)

### **Education Specialist Research Project Committee Member**

- Claire Stai (2016 – 2017)
- Madison Wallace (2016 – 2017)
- Maureen Hyat (2016 – 2017)
- Brittany Waiters (2015 – 2016)

### **Master's Research Supervisor**

- Jennifer Schaper (2020 – Present)
- Levi Van Den Busch (2019 – Present)
- Jonica Davis (2019 – Present)
- Daniel McCarthy (2019)

- Amelia Stanley (2018 – 2020)
- Kaitlyn Miller (2017 – 2020)
- Marissa Phelps (2018 – 2019)
- Brittney Gray (2018 – 2019)
- Nicholas Dawson (2017 – 2019)
- James Roethler (2018 – 2019)
- Chase Herndon (2017 – 2019)
- Katherine Jensen (2018 – 2019)
- Hailey Lawson (2017)
- Rena Goodwin (2017)
- Jade Clemons (2016 – 2017)
- Sydney Black (2016)
- Briana Jurema (2016)
- Jenna Eggleston (2016)

**Master's Academic Advisor**

- Marissa Bosco (2020 – Present)
- Kearstin Bruther (2019 – Present)
- Levi Van Den Busch (2019 – Present)
- Kaitlyn Miller (2017 – 2020)
- Marissa Phelps (2018 – 2019)
- Nicholas Dawson (2017 – 2019)
- Katie Wurts (2016 – 2018)
- Sydney Black (2015 – 2017)

**Undergraduate Internship Supervisor (PSY 399/499)**

- Erin Potter (2020) (3 credits 399)
- Jaelyn Fischesser (2020) (3 credits 399)
- Logan Ryle (2020) (3 credits 499)
- Cassidy Vandepol (2020) (3 credits 499)
- Julie Martinez (2020) (1 credit 399)
- Gabrielle Eismann (2019) (2 credits 399)
- Caelin McManis (2019) (2 credits 399)
- Taylor Todd (2019) (3 credits 499)
- Isaac Hout (2019) (3 credits 399)
- Zoe Mullins (2019) (2 credits 399)
- Abie Kolls (2018)
- Mary Lenhof (2018)
- Reagan Rucker (2018)
- Dale Brinsky (2017)
- Allison Bumm (2017)
- Caitlin Armstrong (2017)
- Kayla Hall (2017)
- Rebecca Pfeiffer (2017)

**Undergraduate Research Assistant Supervisor (PSY 394\*/395)**

- Kristina Sosa (2020 – Present)
- Gabrielle Plata-Madrid (2020 – Present)

- Laura-Leigh Phelps (2020 – Present)
- Alex Urs (2019)
- Katie Meyr (2019 – 2020)
- Logan Ryle (2019 - 2020)\*
- Anna Garlock (2019)
- Quinten Harris (2019)
- Melis Sedef Kahraman (2017 – 2018)
- Indrani Chatterjee (2016 – 2017)
- Sarah Smoak (2016 – 2017)

### **NATIONAL SERVICE TO THE PROFESSION**

- Chair, Continuing Education Committee, Society of Counseling Psychology (2018 – Present)
- Member, Communications/Technology Task Group, Society of Counseling Psychology (2019)
- Member, Prevention Journal Advisory Committee, Society of Counseling Psychology (2018)
- Member, Journal Proposals Special Task Group, Society of Counseling Psychology (2018)
- Webmaster, Sandy Shullman for American Psychological Association President Campaign (2018)
- Webmaster, Society of Counseling Psychology (2012 – 2017)
- Consultant, Society of Counseling Psychology Online Mentoring Community (2015 – 2017)
- Website Developer, Council of Master’s in Counseling Training Programs (2016)
- Co-Chair, Increasing the Visibility & Interactiveness of our Convention Programs Special Task Group, Society of Counseling Psychology (2014 – 2015)
- APA Convention Hospitality Space Volunteer, Society of Counseling Psychology (2012; 2014)
- Volunteer, Society of Counseling Psychology, Atlanta Counseling Psychology Conference (2014)
- Member, Society of Counseling Psychology 2013 Leadership Academy Review Team (2012)
- Member, D17 Website Redevelopment Team, Society of Counseling Psychology (2011 – 2012)
- Member, Membership Resource Committee, Society of Counseling Psychology (2008)

### **SERVICE TO THE UNIVERSITY & COMMUNITY**

- Director of Training, UK Counseling Psychology PhD Program (2018 – Present)
- Member, Inclusiveness Committee, UK College of Education (2019 – Present)
- Career Exploration Consultant & Invited Speaker, Fayette County Public Schools (2017 - Present)
- Faculty Adviser, UK Counseling Psychology Student Senate (2015 – Present)
- Developer, Video/Text Tutorials for DrJosephHammer.com [Resources Collection](#) (2016 – Present)
- Facilitator, Me and White Supremacy Book Group for UK Social Justice Scholarship Series (2020)
- Co-Chair, Counseling Psychology Faculty Search Committee (2019-2020)
- Presenter, Deep Poverty Workshop, UK Counseling Psychology Program (2019)
- Member, EDP Educational Psychology Post-Doctoral Search Committee (2018)
- Member, EDP Department Chair Search Committee (2018)
- Director of Master’s Training, UK Counseling Psychology M.S. Program (2015 – 2018)
- Presenter, Doctoral Preparation Workshop Series, EDP Department (2016 – 2018)
- Panelist, UIUC Counseling Center Paraprofessional Program Alumni Panel (2017 - 2019)
- Invited Presenter, Psychology Graduate School Application Workshop, UK Psi Chi (2017)
- Member, PACER Clinic Advisory Committee (2016 – 2017)
- Invited Presenter, Finding the Right Research Lab, UK Psi Chi (2017)
- Invited Presenter, Introduction to Counseling Psychology, UK Psi Chi (2016)
- Invited Panelist, Graduate School Symposium for UK Psychology Scholars Program (2016, 2018)



- Presenter, 30+ university/community workshops on various psychological topics (2005 – 2015)
- Webmaster & Historian, ISU Graduate Students of Psychology, ISU, Ames, IA (2010 – 2014)
- Vice President, ISU Graduate Students of Counseling Psychology, ISU, Ames, IA (2011 – 2013)
- Member, College of Education Graduate Student Advisory Committee, MU, Columbia, MO (2009)
- Brief Intervention Counselor, MU Alcohol/Marijuana Screening Day, MU, Columbia, MO (2009)
- Member, East Central Illinois Men's Initiative for Sexual Violence Prevention, Champaign, IL (2007)
- Member, Counseling Center Advisory Committee, UIUC, Champaign, IL (2006 – 2007)

### **PROFESSIONAL AFFILIATIONS**

#### **American Psychological Association, Member** (Spring 2006 – Present)

- Society of Counseling Psychology (Division 17, APA)
- Society for the Psychological Study of Men and Masculinities (Division 51, APA)

### **REFERENCES**

Noah Collins, PhD, LP  
Staff Psychologist  
Counseling Center  
Shoemaker Building  
University of Maryland  
College Park, MD 20742  
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(334) 844 – 7656  
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Department of Psychology  
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Iowa State University  
Ames, IA 50011  
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DVogel@iastate.edu