**Douglas A. Spiker**

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**EDUCATION**

**University of Kentucky (UKY)**

**Doctor of Philosophy,** Expected May 2021

* Major: Counseling Psychology
* Major Advisor: Joseph H. Hammer, PhD
* Comprehensive Exam: Passed, August 2018
* Dissertation: *What Do I Have to Lose? The Influence of Commitment on Relationship Help Seeking* (Proposal Approved November 2018)

**Ball State University (BSU)**

**Master of Arts,** July 2014

* Major: Clinical Mental Health Counseling

**Ball State University (BSU)**

**Bachelor of Arts**, December 2011

* Major: Psychology
* Minor: Creative Writing
* Thesis title: *Relationship Among Stress, Rumination, Coping Styles and Sleep Quality*

**CLINICAL EXPERIENCE**

**Doctoral Practicum Counselor**: August 2019 – Present

**Clarity Counseling Services, Private Practice**

* Provided individual counseling to community adults with concerns including anxiety, depression, grief, substance abuse, sexual abuse, identity concerns, interpersonal difficulties, family-of-origin, self-harm, and suicidality.
* Kept HIPAA-compliant records (PHI notes, treatment plans, closing summaries, etc.)
* Presented formal case conceptualizations in practicum class
* Participated in weekly individual and group supervision
* Individual Supervisor: David Pascale-Hague, PhD

**Doctoral Practicum Counselor:** August 2018 – May 2019

**Kentucky Correctional Institute for Women, Pewee Valley, KY**

* Provided individual counseling for inmates with concerns including self-harm, aggression, depression, anxiety, severe mental illness, suicidality, eating and body image difficulties, developmental disability management, complex trauma, substance abuse, grief and loss, interpersonal difficulties, and gender identity.
* Developed and facilitated weekly psychoeducational group on mindfulness and relaxation for inmates enrolled in a program that provided them with skills to manage severe mental illness
* Kept HIPAA-compliant records (PHI notes, treatment plans, closing summaries, etc)
* Conducted intake interviews to aid in diagnostic clarification and to connect inmates with appropriate services
* Conducted crisis assessments and aided inmates in successfully managing crises
* Coordinated with multidisciplinary team to ensure inmates received appropriate treatment
* Presented formal case conceptualizations in practicum class
* Participated in weekly individual and group supervision
* Individual Supervisors: Theresa Seitz, PhD; Brian King, PsyD

**Doctoral Assessment Practicum Counselor:** August 2017 – May 2018

**Beaumont Behavioral Health Services, Lexington, KY**

* Received training and supervision on administering and interpreting neuropsychological, personality, cognitive, and achievement testing
* Conducted intake assessments to determine need for cognitive or personality testing
* Conducted ADHD, learning disability, and personality assessments on children, adolescents, and adults.
* Provided feedback and recommendations to clients based upon testing results and wrote 10 integrated reports
* Kept HIPAA-compliant records (PHI notes, treatment plans, closing summaries, etc)
* Presented formal case conceptualizations in practicum class
* Participated in weekly individual supervision
* Individual Supervisor: Bethany Christian, PsyD

**Doctoral Practicum Counselor:** August 2016 – May 2017

**Student Counseling Services, UKY**

* Provided individual counseling for students with concerns including depression, anxiety, interpersonal difficulties, acculturative issues, academic difficulties, trauma, family-of-origin, eating and body image, grief and loss, sexual identity, and gender identity
* Conducted clinical intakes for clients presenting with a wide range of psychosocial concerns
* Co-facilitated 2 interpersonal process groups consisting of both undergraduate and graduate students
* Kept HIPAA-compliant records (PHI notes, treatment plans, closing summaries, etc)
* Presented formal case conceptualizations in practicum class and to counseling center staff
* Participated in outreach tabling events to engage students in depression, anxiety, and eating disorder screenings
* Received didactic training in Acceptance and Commitment Therapy (ACT), grief and loss, group therapy process, substance abuse, and humanistic therapy
* Participated in weekly individual and group supervision
* Individual Supervisors: Amanda Bloom, PhD; Nathaniel Hopkins, PhD
* Group Supervisor: Nathan Miles, PhD

**Staff Therapist:** January 2016 – May 2016

**Student Counseling Services, BSU**

* Provided individual counseling for students with concerns including depression, anxiety, trauma, suicidality, self-harm, interpersonal difficulties, grief and loss, eating and body image concerns, identity concerns, academic difficulties, and career difficulties.
* Conducted substance use clinical intakes and formal assessments (e.g., SASSI) for students referred by the university to the Office of Health, Alcohol, and Drug Education (OHADE); referred students to appropriate services and provided psychoeducation on harm reduction strategies
* Conducted career assessments (e.g., STI, MBTI) for students experiencing career conflict
* Kept HIPAA-compliant records (PHI notes, treatment plans, closing summaries, etc)
* Presented formal case conceptualizations in practicum class
* Participated in weekly individual supervision
* Individual Supervisor: Timothy Hess, PhD

**Staff Therapist:** July 2014 – December 2015

**Suzanne Gresham Center, Muncie, IN**

* Provided individual, couple, and family counseling for children, adolescents, and adults presenting with concerns including depression, anxiety, trauma, suicidality, homicidality, self-harm, end-of-life concerns, interpersonal difficulties, intimate partner violence, sexual identity, gender identity, substance abuse, eating and body image, parenting, anger management, and severe mental illness
* Conducted initial clinical intakes for diagnostic clarification and referral to appropriate services
* Coordinated with a multi-disciplinary team (e.g., case managers, psychiatrist, PCP) to ensure continuity of treatment
* Coordinated with Department of Child Services to ensure adequate progress of referred clients
* Conducted after-hours emergency room crisis evaluation and coordinated hospitalization of clients if needed
* Kept HIPAA-compliant records (PHI notes, treatment plans, closing summaries, etc)
* Participated in weekly individual supervision
* Individual Supervisors: Aubrey Driscoll, MSW, LCSW; Margaret Richardson, MSW, LCSW

**Master’s Practicum Counselor**: August 2013 – July 2014

**Student Counseling Services, BSU**

* Provided individual and career counseling for students with concerns including career indecision, depression, anxiety, interpersonal concerns, gender identity, sexual identity, trauma, acculturative issues, substance abuse, and eating and body image
* Co-facilitated 2 interpersonal process groups consisting of undergraduate and graduate students
* Engaged in developing and presenting outreach programs focused on sexual assault awareness, career decision making, and developing LGBTQ+ allies
* Kept HIPAA-compliant records (PHI notes, treatment plans, closing summaries, etc)
* Presented formal case conceptualizations in practicum class and to counseling center staff
* Participated in weekly individual and group supervision
* Individual Supervisor: Kyle Kittleson, PsyD; Erica Hurley, PhD
* Group Supervisor: Timothy Hess, PhD

**Master’s Practicum Counselor**: January 2013 – July 2013

**Ball State Counseling Practicum Clinic, BSU**

* Provided individual and couple counseling for clients with concerns including interpersonal concerns, depression, anxiety, trauma, and eating and body image
* Conducted initial clinical intakes to aid in diagnostic clarification
* Kept HIPAA-compliant records (PHI notes, treatment plans, closing summaries, etc)
* Presented formal case conceptualizations in practicum class
* Participated in weekly individual and group supervision
* Individual Supervisors: Nicholas Lee, PhD; Yuri Choi, PhD

**Chaplain Intern**: September 2011 – January 2012

**IU Ball Memorial Hospital, Muncie, IN**

* Provided bereavement support to individuals and families and engaged in end-of-life discussions
* Co-facilitated bi-weekly support groups on substance abuse and coping for an inpatient population
* Provided after-hours emergency and crisis support to individuals and families
* Individual Supervisor: Kal Rissman, MDiv, LCAC

**GROUP COUNSELING EXPERIENCE**

**Leader, Challenges Group:** August 2018 – May 2019

**Kentucky Correctional Institute for Women, Pewee Valley, KY**

* Led weekly mindfulness and relaxation group for individuals with severe mental illness
* Kept HIPAA-compliant records (PHI notes, treatment plans, closing summaries, etc)
* Participated in weekly individual supervision
* Supervisor: Theresa Seitz, PhD

**Co-Leader, Understanding Self and Others Process Group:** August 2016 – May 2017

**Student Counseling Services, UKY**

* Co-led weekly general process group for (under)graduate students
* Kept HIPAA-compliant records (PHI notes, closing summaries, etc)
* Participated in weekly supervision
* Supervisors: Sharon Martin, PhD; Nathan Miles, PhD

**Co-Leader, Understanding Self and Others Process Group:** October 2013 – May 2014

**Student Counseling Services, BSU**

* Co-led weekly general process group for (under)graduate students
* Kept HIPAA-compliant records (PHI notes, treatment plans, closing summaries, etc)
* Participated in weekly individual supervision
* Supervisor: Timothy Hess, PhD

**Co-Leader, Grief and Loss Psychoeducation Group:** March 2013 – May 2013

**New Castle Correctional Facility, New Castle, IN**

* Co-led weekly psychoeducation group for inmates coping with grief and loss
* Kept HIPAA-compliant records (PHI notes, treatment plans, closing summaries, etc)
* Participated in weekly individual supervision
* Supervisor: Donald Nicholas, PhD

**Co-Leader, Grief and Loss Psychoeducation Group:** January 2013 – February 2013

**YWCA, Muncie, IN**

* Co-led weekly psychoeducation group for women coping with grief and loss
* Kept HIPAA-compliant records (PHI notes, treatment plans, closing summaries, etc)
* Participated in weekly individual supervision
* Supervisor: Donald Nicholas, PhD

**Co-Leader, Substance Abuse and Coping Skills Group:** September 2011 – January 2012

**IU Ball Memorial Hospital, Muncie, IN**

* Co-led bi-weekly psychoeducation group for inpatient population
* Participated in weekly individual supervision
* Supervisor: Kal Rissman, MDiv, LCAC

**OUTREACH EXPERIENCE**

**Co-facilitator, ConnectED Bystander Intervention Training:** June 2017

**Violence Intervention and Prevention Center, UKY**

* Facilitated weekly workshops for incoming college freshman focused on developing bystander intervention skills

**Mental Health Screening:** August 2016 – May 2017

**Student Counseling Services, UKY**

* Participated in several mental health screening days to engage students in need of mental health services
* Administered, scored, and interpreted self-report assessments
* Provided feedback and referrals to students
* Supervisor: Megan Marks, PhD

**Co-facilitator, International Conversation Hour:** May 2014 – July 2014

**Student Counseling Services, BSU**

* Co-facilitated weekly small group workshops designed to promote cross-cultural interactions for both domestic and international undergraduate and graduate students

**Member, Sexual Threats Oppression Prevention Team:** August 2013 – May 2014

**Student Counseling Services, BSU**

* Assisted in developing and presenting several programs and workshops on sexual assault and intimate partner violence prevention and intervention
* Coordinated with campus organizations to implement programs based on organizational needs
* Supervisors: Ashley Boester-Dean, PhD; Abby Nethaway, PhD

**Member, Career Exploration Team:** August 2013 – May 2014

**Student Counseling Services, BSU**

* Assisted in developing and presenting several programs and workshops on career decision making
* Coordinated with campus organizations to implement programs based on organizational needs
* Supervisor: Ellen Lucas, PhD

**Co-facilitator, SAFEzone:** January 2014

**Student Counseling Services, BSU**

* Co-facilitated 2 4-hour SAFEzone LGBTQ+ ally development workshops for undergraduate students, graduate students, faculty, and staff

**SUPERVISION EXPERIENCE**

**Supervisor of Counseling Practicum Students**:August 2017 – December 2017

**Department of Educational, School, and Counseling Psychology, UKY**

* Provided weekly 1-hour individual supervision to two first-year counseling psychology master’s students
* Watched supervisee counseling session video recordings, provided written and verbal feedback on supervisee performance and clinical documentation
* Helped supervisees manage their performance anxiety, identify their clinical strengths and growth edges, practice case conceptualization and treatment planning, and increase their interpersonal, cultural, and emotional awareness
* Individual Supervisors: Jeff Reese, PhD; Joseph Hammer, PhD

**Supervisor of Counseling Practicum Students**:January 2019 – May 2019

**Department of Educational, School, and Counseling Psychology, UKY**

* Provided weekly 1-hour individual supervision to one first-year counseling psychology doctoral student
* Watched supervisee counseling session video recordings, provided written and verbal feedback on supervisee performance and clinical documentation
* Helped supervisees manage their performance anxiety, identify their clinical strengths and growth edges, practice case conceptualization and treatment planning, and increase their interpersonal, cultural, and emotional awareness
* Individual Supervisors: Jeff Reese, PhD; Joseph Hammer, PhD

**ASSESSMENT EXPERIENCE**

**Achievement Assessments:**

 Kaufman Test of Educational Achievement-II (KTEA-II)

 Wechsler Individual Achievement Test-III (WIAT-III)

 Wide Range Achievement Test-IV (WRAT-IV)

**Cognitive/Neuropsychological Assessments:**

 A Developmental Neuropsychological Assessment (NEPSY-II)

 California Verbal Learning Test

 Continuous Performance Test-3 (CPT-3)

 Delis-Kaplan Executive Function System (DKEFS)

 Repeatable Battery for the Assessment of Neuropsychological Status (RBANS)

 Test of Memory Malingering (TOMM)

 Wechsler Adult Intelligence Scale-IV (WAIS-IV)

 Wechsler Intelligence Scale for Children-V (WISC-V)

 Wechsler Memory Scale-III (WMS-III)

**Personality/Symptom Assessments:**

 Beck Anxiety Inventory

 Beck Depression Inventory

 Barkley Adult ADHD Forms

 Behavior Assessment for Children-3-College Form (BASC-3)

 Behavior Assessment for Children-3 (BASC-3)

 Mood Disorder Questionnaire (MDQ)

 Personality Assessment Inventory (PAI)

 PTSD Checklist for DSM-5

 Structured Clinical Interview for DSM-5

**TEACHING EXPERIENCE**

**Course Instructor:** August 2019 – Present

**Department of Educational, School, and Counseling Psychology, UKY**

* Education in American Culture (Two sections of ~25 students)
* Overall Rating of Instructor: TBD / 5.00
* Examined role schools play in constructing and perpetuating both opportunities and inequalities
* Developed syllabus, assignments, and lesson plans
* Supervisor: Kiluba Nkulu, PhD

**Lab Instructor:** January 2019 – May 2019

**College of Health and Science, UKY**

* Cultural Competencies in Healthcare (One section of ~10 students)
* Overall Rating of Instructor: N/A
* Engaged students in building their own multicultural competence and how it applies to healthcare
* Developed lesson plans and facilitated group activities
* Supervisor: Randa Remer, PhD

**Teaching Assistant:** January 2019 – May 2019

**Department of Educational, School, and Counseling Psychology, UKY**

* Cognitive Assessment (One section of ~10 students)
* Overall Rating of Instructor: N/A
* Taught administration and interpretation of cognitive assessments; graded projects
* Supervisor: Kari Jones, PsyD

**Teaching Assistant:** August 2018 – December 2018

**Department of Educational, School, and Counseling Psychology, UKY**

* Personality Assessment (One section of ~10 students)
* Overall Rating of Instructor: N/A
* Taught administration and interpretation of personality assessments; graded projects
* Supervisor: Veronica Dark, PhD

**Guest Lecturer:** January 2018 – May 2018

**Department of Psychology, ISU**

* Master’s Practicum (One section of ~6 students)
* Overall Rating of Instructor: N/A
* Taught class on working effectively in integrated health setting and one class on trauma-focused therapy
* Supervisor: Danelle Stevens-Watkins, PhD

**Course Instructor:** January 2018 – May 2018

**Department of Educational, School, and Counseling Psychology, UKY**

* Human Development and Learning (Two sections of ~20 students)
* Overall Rating of Instructor: 4.8 / 5.00
* Taught theories of motivation and learning to education students
* Developed syllabus, assignments, and lesson plans
* Supervisor: Kenneth Tyler, PhD

**Course Instructor:** August 2017 – December 2017

**Department of Educational, School, and Counseling Psychology, UKY**

* Human Development and Learning (Two sections of ~20 students)
* Overall Rating of Instructor: 4.7 / 5.00
* Taught theories of motivation and learning to education students
* Developed syllabus, assignments, and lesson plans
* Supervisor: Kenneth Tyler, PhD

**Course Instructor:** January 2017 – May 2017

**James W. Stuckert Career Center, UKY**

* Major and Career Exploration (One section of ~5 students)
* Overall Rating of Instructor: N/A
* Taught students to self-assess their interests, skills, values, and personality as they relate to the world of work; research major and career options
* Developed syllabus, assignments, and lesson plans
* Supervisor: Joseph Hammer, PhD

**CONSULTATION EXPERIENCE**

**Homelessness Prevention Task Force Consultant:** January 2018 – May 2018

**Office of Homelessness Intervention and Prevention (OHPI), Lexington, KY**

* Conducted needs assessments through survey and focus groups at local homeless shelters
* Coordinated with local stakeholders to set consultation goals and timeline
* Developed executive and brief report for OHPI with findings and recommendations
* Presented findings to stakeholders on findings and recommendations
* Supervisor: Candice Hargons, PhD

**Organization Consultant:** January 2018 – May 2018

**Step by Step, Lexington, KY**

* Conducted needs assessments through survey and focus groups at Step by Step
* Coordinated with Step by Step, a non-profit organization designed to empower young, single mothers, to set consultations goals and timeline
* Developed executive and brief report for Step by Step with findings and recommendations
* Presented findings to stakeholders on findings and recommendations
* Supervisor: Candice Hargons, PhD

**AWARDS AND SERVICE TO PROFESSION**

* APAGS Psychological Science Research Grant Honorable Mention (2019)
* Reviewer for APA Psychshorts (2019)
* APA Division 51 Student Poster of the Year (2018)
* APA Division 29 Student Poster of the Year (2018)
* Kentucky Psychological Association Planning Committee (2017)
* Psychological Sciences Departmental Honors (2011)

**PROFESSIONAL TRAINING**

* ConnectED Bystander Intervention Training (2017)
* Psychodrama Training Workshop (2016)
* Ally Development Workshop (2016)
* Take CHANCES for Kids: Reactive Attachment Disorder Training (2015)
* SAFEZone Training (2013)
* SAFEZone Transgender Training (2013)
* HIV and Mental Health Training (2012)
* Clinical Issues with Dually Diagnosed Training (2012)

**PUBLICATIONS**

Dschaak, Z.\*, **Spiker, D. A.\***, Berney, E. C., & Miller, M. E. (revise and resubmit). Collegian help seeking: The role of self-compassion and self-coldness. *Journal of Mental Health*. \*Equally contributed to first authorship

**Spiker, D. A.,** Berney, E. C., Hammer, J. H., & Jensen, K. C., (in press). Maintaining the relationship: Relational schemas and women’s intent to seek couple therapy. *The Counseling Psychologist*

**Spiker, D. A.**, & Hammer, J. H. (in press). A model of intention to provide mental health first aid in college students*. Journal of Mental Health*.

Hammer, J. H., Perrin, P. B., & **Spiker, D. A.** (in press). Integrated care vs. traditional psychotherapy: Impact of distance and treatment type on perceptions of mental health treatment. *Journal of Mental Health*.

Hammer, J. H., **Spiker, D. A.**, & Perrin, P. B. (2019). Physician referral to a psychologist: Testing alternative behavioral healthcare seeking models. *Journal of Clinical Psychology*, *75*, 762-741

**Spiker, D. A.**, Hammer, J. H., & Parnell, K. (2019). Men in unhappy relationships: Perceptions of couple therapy. *Journal of Social and Personal Relationships*, *36*, 2015-2035.

**Spiker, D. A.**, & Hammer, J. H. (2019). Mental health literacy as theory: Current challenges and future directions. *Journal of Mental Health*, *28*, 238-242.

Hammer, J. H., & **Spiker, D. A.** (2018). Dimensionality, reliability, and predictive evidence of validity for three help-seeking intention instruments: ISCI, GHSQ, and MHSIS. *Journal of Counseling Psychology, 65,* 394-401.

Hargons, C., Clements-Hickman, A., Dschaak, Z., Kwok, C., Ryser-Oatman, T., & **Spiker, D. A.**\* (2018). Humanity in homelessness: A social justice consultation course for counseling psychology students. *Journal for Social Action in Counseling Psychology*, *10*, 35-48. \*All equally contributed to authorship

Hammer, J. H., Parent, M. C., & **Spiker, D. A.** (2018). Mental help seeking attitudes scale (MHSAS): Development, reliability, validity, and comparison with ATSSPH-SF and IASMHS-PO. *Journal of Counseling Psychology*, *65*, 74-85.

Lee, N. A., Spengler, P. M., Mitchell, A. M., Spengler, E. S., & **Spiker, D. A.** (2017). Facilitating withdrawer re-engagement in emotionally focused couple therapy: A modified task analysis. *Couple and Family Psychology: Research and Practice*, *6*, 205-225.

**MANUSCRIPTS UNDER REVIEW OR IN PREPARATION**

Clements-Hickman, A., **Spiker, D. A.**, & Murphy, E. (under review). Understanding research productivity: The role of the advisory relationship and research self-efficacy. *Journal of Counseling Psychology*

**Spiker, D. A.**, & Hammer, J. H. (manuscript in preparation). What do I have to lose? The role of commitment in relationship help seeking.

**Spiker, D. A.**, Dschaak, Z. A., & Hammer, J. H. (manuscript in preparation). Romantic partner support for substance use help seeking.

Parnell, K. J., **Spiker, D. A.**, Johnson, T., May, M., & Barrow, N. (manuscript in preparation). Theory of planned behavior and help-seeking: Comparing presenting concerns.

**Spiker. D. A.,** Toland, M. D., Li, C., Shen, L., Dueber, D. M., & Qiu, C. (manuscript in preparation). College student’s roommate satisfaction: Multilevel dyadic growth curve analysis.

Berney, E. C., **Spiker, D. A.**, Stanley, A., Hammer, J. H., & Garlock, A. (manuscript in preparation). Feminine gender role considerations in a model of women’s help-seeking intention.

**CONSULTATION REPORTS**

Clements, A., Dschaak, Z., Kwok, C., Meiller, C., Ryser-Oatman, T., **Spiker, D.**, & Hargons, C.\* (2018). Hope Center, Salvation Army, and Catholic Action Center executive report (Report No. 1). Lexington, KY: University of Kentucky. \*All equally contributed to authorship

Clements, A., Dschaak, Z., Kwok, C., Meiller, C., Ryser-Oatman, T., **Spiker, D.**, & Hargons, C.\* (2018). Hope Center, Salvation Army, and Catholic Action Center brief report (Report No. 1). Lexington, KY: University of Kentucky. \*All equally contributed to authorship

Clements, A., Dschaak, Z., Kwok, C., Meiller, C., Ryser-Oatman, T., **Spiker, D.**, & Hargons, C.\* (2018). Step By Step report (Report No. 1). Lexington, KY: University of Kentucky. \*All equally contributed to authorship

**CONVENTION AND CONFERENCE PRESENTATIONS**

Johnson, T., Parnell, K. J., **Spiker, D. A.**, May, M., & Barrow, N. (2018, August). *Women’s intent to seek help for sexual concerns.* Poster presented at 126th Annual Convention of the American Psychological Association, Chicago, IL.

Clements-Hickman, A., **Spiker, D. A.**, Murphy, E., & Dogan, J. (2019 August). *The Role of the Advisory Relationship in the Development of Clinician-Researchers*. Poster presented at 126th Annual Convention of the American Psychological Association, Chicago, IL.

Toland, M. D., **Spiker, D. A.**, Li, C., Shen, L., Dueber, D. M., & Qui, C. (2019, August). *College Students’ Roommate Satisfaction: Multilevel Longitudinal Dyadic Analysis*. Poster presented at 126th Annual Convention of the American Psychological Association, Chicago, IL.

Dschaak, Z., **Spiker, D. A.**, & Hammer, J. H. (2019, August). *The Role of Romantic Partner Support in Help Seeking Intention for Substance Use Concerns*. Poster presented at 126th Annual Convention of the American Psychological Association, Chicago, IL.

**Spiker, D. A.**, Berney, E. C., Jensen, K. C., & Hammer, J. H.(2019, August). *Maintaining the Relationship: Relational Schemas and Women’s Intent to Seek Couple Therapy*. Poster presented at 126th Annual Convention of the American Psychological Association, Chicago, IL.

**Spiker, D. A.** (2019, August). *The Role of Consultation in Developing Social Justice Advocates.* In C. Hargons (Chair), Amplifying Voices of the Marginalized: Teaching Social Justice through Strengths-Based Consultation in Counseling Psychology. Symposium presented at the annual meeting of the American Psychological Association, Chicago, IL.

**Spiker, D. A.** (2019, August). *Should We Stay or Should We Go? Why Couples Do and Do Not Seek Help?* In J. H. Hammer (Chair), Mental Healthcare Disparities: Help-Seeking Research with Four Underserved Populations. Symposium presented at the annual meeting of the American Psychological Association, Chicago, IL.

**Spiker, D. A.** (2018, August). *Processes that Influence Engagement and Resistance to Social Justice Oriented Supervision*. In R. J. Reese (Chair), Considerations for Providing Excellent Supervision: From Social Justice to Deliberate Practice. Symposium presented at the annual meeting of the American Psychological Association, San Francisco, CA.

**Spiker, D. A.**, Hammer, J. H., & Parnell, K. J. (2018, August). *Men in Unhappy Relationships: Perceptions of Couple Therapy*. Poster presented at 125th Annual Convention of the American Psychological Association, San Francisco, CA.

**Spiker, D. A.**, Dschaak, Z., & Hammer, J. H. (2018, August). *Mental Health First Aid and Prosocial Behavior: A Model of Intention to Provide Informal Support*. Poster presented at 125th Annual Convention of the American Psychological Association, San Francisco, CA.

Clements-Hickman, A. L., Hollan, J., **Spiker, D. A.**, & Reese, R. J. (2018, August). *Do clinical supervision process outcomes predict client outcomes?*Poster presented at the annual meeting of the American Psychological Association Conference, San Francisco, CA.

Dschaak, Z., **Spiker, D. A.**, & Hammer, J. H. (2018, August). *Formal and Informal Help-Seeking Intentions and Utilization among Substance Using College Students*. Poster presented at 125th Annual Convention of the American Psychological Association, San Francisco, CA.

**Spiker, D. A.** (2017, October). *Mental health literacy as theory: Current challenges and future directions*. Presented at Department of Educational, School, and Counseling Psychology (FRED talk) at University of Kentucky, Lexington, KY.

**Spiker, D. A.**, & Hammer, J. H.  (2017, October). *Mental health literacy: Current challenges and future directions.* Invited presentation for the UK Center for Health Services Research Work in Progress session series, University of Kentucky, Lexington, KY.

Hammer, J. H., Wade, N. G., Cragun, R. T., Sandage, S. J., **Spiker, D. A.** (2017, August). *Bifactor Analysis of the Daily Spiritual Experiences Scale (DSES) Across (Non)Religious Groups*. Poster presented at 124th Annual Convention of the American Psychological Association, Washington, DC.

**Spiker, D. A.**, & Hammer, J. H. (2017, August). *Integrated care vs. classic care: The impact of distance and type of care on perceptions of mental health treatment*. Poster presented at 124th Annual Convention of the American Psychological Association, Washington, D.C.

Spengler, E. S., Lenger, K., & **Spiker, D. A.** (2017, March). *Implementation of mindfulness for clients and practitioners*. Roundtable presented at the annual Great Lakes Regional Counseling Psychology Conference, Muncie, IN.

Lee, N., Mitchell, A., Spengler, E., & **Spiker, D. A.** (2015, March). *A task analysis of withdrawer re-engagement in emotionally focused couple therapy*. Great Lakes Regional Counseling Psychology Conference, Muncie, IN.

**Spiker, D. A.** (2011, April) *Relationship among stress, rumination, coping styles and sleep quality*. 19th Annual Psychological Science Conference, Muncie, IN.

**GRANT PROPOSALS**

**Spiker, D. A.** (2018). APAGS Psychological Science Research Grant Proposal. University of Kentucky. $1000 requested. (Honorable Mention)

Dschaak, Z. A., & **Spiker, D. A.** (2018). APAGS Psychological Science Research Grant Proposal. University of Kentucky. $1000 requested. (Not Awarded)

**EDITORIAL REVIEW**

Ad Hoc Reviewer, *Canadian Journal of Psychiatry* (2019)

Ad Hoc Reviewer, *International Journal of Mental Health* (2019)

Ad Hoc Reviewer, *Assessment* (2019)

Ad Hoc Reviewer, *Journal of Mental Health* (2019)

Ad Hoc Reviewer, *Journal of Social and Personal Relationships* (2018)

**PROFESSIONAL AFFILIATIONS**

**American Psychological Association, Graduate Student Affiliate** (2016 – Present)

* Society of Counseling Psychology (Division 17, APA)