

Douglas A. Spiker II
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CURRICULUM VITAE

EDUCATION

- Ph.D. 2016 - Present University of Kentucky, Lexington, KY
Major: Counseling Psychology (APA-Accredited Program)
- M.A. 2014 Ball State University, Muncie, IN
Major: Clinical Mental Health Counseling
- B.A. 2011 Ball State University, Muncie, IN
Major: Psychology
Minor: Creative Writing
Departmental Honors in Psychology
Summa Cum Laude
Thesis Title: *Relationship Among Stress, Rumination, Coping Styles and Sleep Quality*

CLINICAL EXPERIENCE

- Aug. 2018 – Present **Practicum Counselor**
Kentucky Correctional Institute for Women
Provided individual therapy, group therapy, and psychoeducation workshops, to individuals presenting with a wide range of psychosocial concerns. Administered, scored, and interpreted psychological tests to assist in diagnostic clarification.
Supervisor: Theresa Seitz, Ph.D.
- Aug. 2017 – May 2018 **Practicum Counselor**
Beaumont Behavioral Health Services
Administered, scored, and interpreted, psychological tests (e.g., cognitive, memory, achievement, personality) to children, adolescents, and adults, to assist in diagnostic clarification. Wrote integrated reports and provided feedback based upon assessments administered.
Supervisor: Bethany Christian, Psy.D.

Aug. 2016 – May 2017

Practicum Counselor

University of Kentucky Counseling Center

Provided individual therapy, group therapy, outreach and intake interviews, to students at University of Kentucky presenting with a wide range of psychosocial concerns.

Supervisors: Amanda Bloom, Ph.D.

Nathaniel Hopkins, Ph.D.

Jan. 2016 – May 2016

Staff Therapist

Ball State University Counseling Center

Provided individual therapy and career assessment to students at Ball State University presenting with a wide range of psychosocial concerns. Conducted intake interviews and crisis/self-harm evaluations. Performed substance use evaluations for students sanctioned by University.

Supervisor: Tim Hess, Ph.D., HSPP

July 2014 – Dec. 2015

Staff Therapist

Suzanne Gresham Center

Provided individual, couples, and family therapy to children, adolescents, and adults presenting with a variety of psychosocial concerns. Provided psycho-educational presentations to staff members. Conducted intake interviews and crisis response evaluations including after hours emergency response. Facilitated direct advocacy through facilitating multi-disciplinary teamwork.

Supervisors: Aubrey Driscoll, MSW, LCSW

Margaret Richardson, MSW, LCSW

Aug. 2013 – July 2014

Practicum Counselor

Ball State University Counseling Center

Performed individual therapy, group therapy, outreach, and career assessment, to students at Ball State University presenting with a wide range of psychosocial concerns.

Clinical Supervisor: Tim Hess, Ph.D., HSPP

Kyle Kittleson, Psy.D., HSPP

Doctoral Intern Supervisor: Erica Hurley, Ph.D.

Jan. 2013 – July 2013

Practicum Counselor

Ball State University Practicum Clinic

Performed individual, couples and family psychotherapy with men, women, and children from the Muncie area community presenting with a wide range of psychosocial

concerns.

Doctoral Supervisors: Nicholas Lee, Ph.D.
Yuri Choi, Ph.D.

Advisors: Kristin Perrone-McGovern, Ph.D., HSPP
Aarika Vannatter, Ph.D., HSPP

Sept. 2011 – Jan. 2012

**Chaplain Intern
IU Health Ball Memorial Hospital**

Co-facilitated substance abuse and coping skills group therapy sessions on inpatient psychiatric unit in local hospital. Provided bereavement support for families and patients. Provided after hours emergency and crises support to patients and families.

Supervisor: James Hilleson, Mdiv

GROUP COUNSELING EXPERIENCE

Aug. 2016 – May 2017

**Co-leader, Understanding Self and Others Process Group
University of Kentucky Counseling Center**

Co-led weekly process group for undergraduate students needing assistance with their interpersonal relationships. Participated in weekly group supervision.

Supervisor: Nathan Miles, Ph.D.

Oct. 2013 – May 2014

**Co-leader, Understanding Self and Others Process Group
Ball State University Counseling Center**

Co-led weekly process group for undergraduate students needing assistance with their interpersonal relationships at Ball State University Counseling Center. Participated in weekly group supervision.

Supervisor: Tim Hess, Ph.D., HSPP

Mar. 2013 – May 2013

**Co-leader, Grief and Loss Psychoeducation Group
New Castle Correctional Facility, New Castle, IN**

Co-led weekly psychoeducation group for inmates regarding grief and loss. Participated in weekly group supervision.

Doctoral Supervisors: Lamarra Currie
Lauren Young

Supervisor: Donald Nicholas, Ph.D., HSPP

Jan. 2013 – Feb. 2013

**Co-leader, Grief and Loss Psychoeducation Group
YWCA, Muncie, IN**

Co-led weekly psychoeducation group with all-female population regarding grief and loss.

Doctoral Supervisor: Scott Fernelius

Supervisor: Donald Nicholas, Ph.D., HSPP

Sept. 2011 – Jan. 2012

**Co-leader, Substance Abuse and Coping Skills Group
IU Health Ball Memorial Hospital, Muncie, IN**

Co-facilitated bi-weekly substance abuse and coping skills group therapy sessions on inpatient psychiatric unit in local hospital. Participated in weekly group supervision.

Supervisors: James Hilleson, Mdiv
Kal Rissman, Mdiv, LCAC

OUTREACH EXPERIENCE

June 2017

**Co-facilitator, ConnectED (Bystander Intervention)
University of Kentucky**

Co-facilitated small group discussion focused on bystander knowledge and intervention skill development for incoming freshman.

May 2014 – July 2014

**Co-facilitator, International Conversation Hour (ICH)
Ball State University Counseling Center**

Co-facilitated weekly program intended for both domestic and international graduate and undergraduate students. Created and implemented small group discussions designed to facilitate cross-cultural interactions.

Supervisor: Khanh Nghiem, Ph.D., HSPP

Aug. 2013 – May 2014

**Member, Sexual Threats Oppression Prevention Team (STOP)
Ball State University Counseling Center**

Served as a team member, assisted in developing outreach presentations for campus life. Provided presentations regarding sexual assault prevention and domestic violence.

Advisors: Ashley Boester-Dean, Ph.D., HSPP
Abby Nethaway, Ph.D.
Allison Wymbissinger

Aug. 2013 – May 2014

**Member, Career Exploration Team
Ball State University Counseling Center**

Served as a team member, providing career exploration groups to undergraduates seeking help with deciding on a career path. Provided outreach presentations to undergraduate students regarding career exploration.

Advisor: Ellen Lucas, Ph.D., HSPP

January 2014

**Co-facilitator, SAFEZONE Training
Ball State University Counseling Center**

Co-facilitated two 4-hour SAFEZone ally development training

workshop for LGBTQ allies.

Feb. 2013 – July 2013

**Member, Ball State University Community Outreach Team
Ball State University**

Served as a team member, assisted in developing outreach material for the Ball State Practicum Clinic. Participated in outreach designed to serve the Muncie area community.

Advisor: Donald Nicholas, Ph.D., HSPP

PEER-REVIEWED PUBLICATIONS

Spiker, D. A., Hammer, J. H., & Parnell, K. (in press). Men in unhappy relationships: Perceptions of couple therapy. *Journal of Social and Personal Relationships*.

Spiker, D. A., & Hammer, J. H. (2018). Mental health literacy as theory: Current challenges and future directions. *Journal of Mental Health*, 1-5.

Hammer, J. H., & **Spiker, D. A.** (in press). Dimensionality, reliability, and predictive evidence of validity for three help-seeking intention instruments: ISCI, GHSQ, and MHSIS. *Journal of Counseling Psychology*.

Hammer, J. H., Parent, M. C., & **Spiker, D. A.** (2018). Mental help seeking attitudes scale (MHSAS): Development, reliability, validity, and comparison with ATSSPH-SF and IASMHS-PO. *Journal of Counseling Psychology*, 65, 74-85.

Lee, N. A., Spengler, P. M., Mitchell, A. M., Spengler, E. S., & **Spiker, D. A.** (2017). Facilitating withdrawer re-engagement in emotionally focused couple therapy: A modified task analysis. *Couple and Family Psychology: Research and Practice*, 6, 205-225.

MANUSCRIPTS UNDER REVIEW

Hammer, J. H., **Spiker, D. A.**, & Perrin, P. B. (2018) *Physician Referral to a Psychologist: Testing Alternative Behavioral Healthcare Seeking Models*. Manuscript under review.

Hammer, J. H., Perrin, P. B., & **Spiker, D. A.** (2018) *Integrated Care vs. Traditional Psychotherapy: Impact of Distance and Treatment Type on Perceptions of Mental Health Treatment*. Manuscript under review.

Spiker, D. A., & Hammer, J. H. (2018). *A Bystander Theory Model of Intention to Provide Mental Health First Aid*. Manuscript under review.

UNPUBLISHED MANUSCRIPTS

Arnett, A., Barnum, E., **Spiker, D. A.**, & Warner, D. (2014). *Sexual assault survivors: Dating after trauma* (Unpublished program evaluation). Ball State University.

Spiker, D. A. (2011) *Relationship among stress, rumination, coping styles and sleep quality* (Unpublished thesis). Ball State University.

PRESENTATIONS

Spiker, D. A. (2018, August). *Processes that Influence Engagement and Resistance to Social Justice Oriented Supervision*. In R. J. Reese (Chair), Considerations for Providing Excellent Supervision: From Social Justice to Deliberate Practice. Symposium presented at the annual meeting of the American Psychological Association, San Francisco, CA.

Spiker, D. A., Hammer, J. H., & Parnell, K. J. (2018, August). *Men in Unhappy Relationships: Perceptions of Couple Therapy*. Poster presented at 125th Annual Convention of the American Psychological Association, San Francisco, CA.

Spiker, D. A., Dschaak, Z., & Hammer, J. H. (2018, August). *Mental Health First Aid and Prosocial Behavior: A Model of Intention to Provide Informal Support*. Poster presented at 125th Annual Convention of the American Psychological Association, San Francisco, CA.

Clements-Hickman, A. L., Hollan, J., **Spiker, D. A.,** & Reese, R. J. (2018, August). *Do clinical supervision process outcomes predict client outcomes?* Poster presented at the annual meeting of the American Psychological Association Conference, San Francisco, CA.

Dschaak, Z., **Spiker, D. A.,** & Hammer, J. H. (2018, August). *Formal and Informal Help-Seeking Intentions and Utilization among Substance Using College Students*. Poster presented at 125th Annual Convention of the American Psychological Association, San Francisco, CA.

Parnell, K. J., **Spiker, D. A.,** Johnson, T., May, M., & Barrow, N. (2018, August). *Theory of Planned Behavior and Help-Seeking: Comparing Presenting Concerns*. Poster presented at 125th Annual Convention of the American Psychological Association, San Francisco, CA.

Spiker, D. A. (2017, October). *Mental health literacy as theory: Current challenges and future directions*. Presented at Department of Educational, School, and Counseling Psychology (FRED talk) at University of Kentucky, Lexington, KY.

Spiker, D. A., & Hammer, J. H. (2017, October). *Mental health literacy: Current challenges and future directions*. Invited presentation for the UK Center for Health Services Research Work in Progress session series, University of Kentucky, Lexington, KY.

Hammer, J. H., Wade, N. G., Cragun, R. T., Sandage, S. J., **Spiker, D. A.** (2017, August). *Bifactor Analysis of the Daily Spiritual Experiences Scale (DSES) Across (Non)Religious Groups*. Poster presented at 124th Annual Convention of the American Psychological Association, Washington, DC.

Spiker, D. A., & Hammer, J. H. (2017, August). *Integrated care vs. classic care: The impact of distance and type of care on perceptions of mental health treatment*. Poster presented at 124th Annual Convention of the American Psychological Association, Washington, D.C.

Spengler, E. S., Lenger, K., & **Spiker, D. A.** (2017, March). *Implementation of mindfulness for clients and practitioners*. Roundtable presented at the annual Great Lakes Regional Counseling Psychology Conference, Muncie, IN.

Lee, N., Mitchell, A., Spengler, E., & **Spiker, D. A.** (2015, March). *A task analysis of withdrawer re-engagement in emotionally focused couple therapy*. Great Lakes Regional Counseling Psychology Conference, Muncie, IN.

Spiker, D. A. (2011, April) *Relationship among stress, rumination, coping styles and sleep quality*. 19th Annual Psychological Science Conference, Muncie, IN.

CONSULTATION EXPERIENCE

Jan. 2018 – May 2018

Homelessness Prevention Taskforce Member Office of Homelessness Prevention and Intervention

Met with stakeholders and consulted relevant literature to guide consultation project. Conducted survey and focus groups at Lexington, KY homeless shelters. Developed and wrote an executive report with recommendations for Lexington, KY to address homelessness prevention efforts.

Jan. 2018 – May 2018

Organization Consultant Step by Step

Collaborated with Step by Step, a non-profit organization that works with young mothers, to identify ways to improve services. Conducted a mixed-methods study using survey data and focus group to identify ways to improve services. Developed and wrote an executive report with recommendations for Step by Step.

TEACHING EXPERIENCE

Jan. 2018 – May 2018

Guest Lecturer, EDP 665: Master's Practicum

Taught topics ranging from interdisciplinary communication in integrated healthcare settings to trauma focused therapy to master's students completing their final master's practicum.

Jan. 2018 – May 2018

Course Instructor, EDP 202 (Sections 002 and 007): Human Development and Learning

Taught education students how to apply psychological theory to their students in the classroom. Primary

responsibilities included: lesson plan development, quiz and test development, and grading papers and projects.
Supervisor: Kenneth Tyler, Ph.D.

Aug. 2017 – Dec. 2017

Course Instructor, EDP 202 (Sections 004 and 006): Human Development and Learning

Taught education students how to apply psychological theory to their students in the classroom. Primary responsibilities included: lesson plan development, quiz and test development, and grading papers and projects.
Supervisor: Kenneth Tyler, Ph.D.

Jan. 2017 – May 2017

Course Instructor, UK 150: Major and Career Exploration

Taught students to self-assess their interests, skills, values, and personality as they relate to the world of work; research major and career options; and successfully apply to jobs. Graded papers and projects and developed lesson plans.
Supervisor: Joseph Hammer, Ph.D.

PROFESSIONAL SERVICE TO THE PROFESSION

Oct. 2016 – April 2017

Committee Member

Kentucky Psychological Association Planning Committee

Participated in planning meetings and conducted outreach to increase the participation of students and faculty in the Kentucky psychology community.

WORKSHOPS AND TRAININGS ATTENDED

June 2017

ConnectED (Bystander Intervention Training)
Lexington, KY

Nov. 2016

Psychodrama Training Workshop
Lexington, KY

Oct. 2016

Ally Development Workshop
University of Kentucky

Mar. 2015

Take C.H.A.N.C.E.S for Kids: Reactive Attachment Disorder
Muncie, IN

Apr. 2013

Safe Zone Training
SAFEZone Project at Ball State University

Sept. 2013

Safe Zone Transgender Training
SAFEZone Project at Ball State University

Nov. 2012 HIV and Psychology Basic
Ball State University

Nov. 2012 Clinical Issues with the Dually Diagnosed
Ball State University

HONORS AND AWARDS RECEIVED

2018 APA Division 51 Student Poster of the Year

2018 APA Division 29 Student Poster Award Finalist

2011 Awarded Psychological Sciences Departmental Honors

2011 Graduated Summa Cum Laude

2007 – 2011 Dean's List

2007 Awarded Presidential Scholarship

MEMBERSHIPS AND AFFILIATIONS

2016 – Present American Psychological Association
Graduate Student Affiliate

2015 – Present American Counseling Association
Professional Member

2012-2014 American Counseling Association
Student Member

2011-2014 Golden Key International Honor Society
Student Member

2011-2014 Phi Kappa Phi
Student Member

2010-2012 Psi Chi
Student Member