

Douglas A. Spiker II
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CURRICULUM VITAE

EDUCATION

- Ph.D. 2016 - Present University of Kentucky, Lexington, KY
Major: Counseling Psychology (APA-Accredited Program)
- M.A. 2014 Ball State University, Muncie, IN
Major: Clinical Mental Health Counseling
- B.A. 2011 Ball State University, Muncie, IN
Major: Psychology
Minor: Creative Writing
Departmental Honors in Psychology
Summa Cum Laude
Thesis Title: *Relationship Among Stress, Rumination, Coping Styles and Sleep Quality*

CLINICAL EXPERIENCE

- Aug. 2016 – Present **Practicum Counselor**
University of Kentucky Counseling Center
Provided individual therapy, group therapy, outreach and intake interviews, to students at University of Kentucky presenting with a wide range of psychosocial concerns.
Supervisors: Amanda Bloom, Ph.D.
Nathaniel Hopkins, Ph.D.
- Jan. 2016 – May 2016 **Staff Therapist**
Ball State University Counseling Center
Provided individual therapy and career assessment to students at Ball State University presenting with a wide range of psychosocial concerns. Conducted intake interviews and crisis/self-harm evaluations. Performed substance use evaluations for students sanctioned by University.
Supervisor: Tim Hess, Ph.D., HSPP

July 2014 – Dec. 2015

Staff Therapist
Suzanne Gresham Center

Provided individual, couples, and family therapy to children, adolescents, and adults presenting with a variety of psychosocial concerns. Provided psycho-educational presentations to staff members. Conducted intake interviews and crisis response evaluations including after hours emergency response. Facilitated direct advocacy through facilitating multi-disciplinary teamwork.

Supervisors: Aubrey Driscoll, MSW, LCSW
Margaret Richardson, MSW, LCSW

Aug, 2013 – July 2014

Practicum Counselor
Ball State University Counseling Center

Performed individual therapy, group therapy, outreach, and career assessment, to students at Ball State University presenting with a wide range of psychosocial concerns.

Clinical Supervisor: Tim Hess, Ph.D., HSPP
Kyle Kittleson, Psy.D., HSPP
Doctoral Intern Supervisor: Erica Hurley, Ph.D.

Jan. 2013 – July 2013

Practicum Counselor
Ball State University Practicum Clinic

Performed individual, couples and family psychotherapy with men, women and children from the Muncie area community presenting with a wide range of psychosocial concerns.

Doctoral Supervisors: Nicholas Lee, Ph.D.
Yuri Choi, Ph.D.
Advisors: Kristin Perrone-McGovern, Ph.D., HSPP
Aarika Vannatter, Ph.D., HSPP

Sept. 2011 – Jan, 2012

Chaplain Intern
IU Health Ball Memorial Hospital

Co-facilitated substance abuse and coping skills group therapy sessions on inpatient psychiatric unit in local hospital. Provided bereavement support for families and patients. Provided after hours emergency and crises support to patients and families.

Supervisor: James Hilleson, Mdiv

GROUP COUNSELING EXPERIENCE

Aug. 2016 – Present

Co-leader, Understanding Self and Others Process Group
University of Kentucky Counseling Center

Co-led weekly process group for undergraduate students

needing assistance with their interpersonal relationships.
Participated in weekly group supervision.
Supervisor: Nathan Miles, Ph.D.

Oct. 2013 – May 2014

**Co-leader, Understanding Self and Others Process Group
Ball State University Counseling Center**

Co-led weekly process group for undergraduate students needing assistance with their interpersonal relationships at Ball State University Counseling Center. Participated in weekly group supervision.

Supervisor: Tim Hess, Ph.D., HSPP

Mar. 2013 – May 2013

**Co-leader, Grief and Loss Psychoeducation Group
New Castle Correctional Facility, New Castle, IN**

Co-led weekly psychoeducation group for inmates regarding grief and loss. Participated in weekly group supervision.

Doctoral Supervisors: Lamarra Currie
Lauren Young

Supervisor: Donald Nicholas, Ph.D., HSPP

Jan, 2013 – Feb, 2013

**Co-leader, Grief and Loss Psychoeducation Group
YWCA, Muncie, IN**

Co-led weekly psychoeducation group with all-female population regarding grief and loss.

Doctoral Supervisor: Scott Fernelius

Supervisor: Donald Nicholas, Ph.D., HSPP

Sept, 2011 – Jan, 2012

**Co-leader, Substance Abuse and Coping Skills Group
IU Health Ball Memorial Hospital, Muncie, IN**

Co-facilitated bi-weekly substance abuse and coping skills group therapy sessions on inpatient psychiatric unit in local hospital. Participated in weekly group supervision.

Supervisors: James Hilleson, Mdiv

Kal Rissman, Mdiv, LCAC

OUTREACH EXPERIENCE

May 2014 – July 2014

**Co-facilitator, International Conversation Hour (ICH)
Ball State University Counseling Center**

Co-facilitated weekly program intended for both domestic and international graduate and undergraduate students. Created and implemented small group discussions designed to facilitate cross-cultural interactions.

Supervisor: Khanh Nghiem, Ph.D., HSPP

Aug. 2013 – May 2014

**Member, Sexual Threats Oppression Prevention Team (STOP)
Ball State University Counseling Center**

Served as a team member, assisted in developing outreach presentations for campus life. Provided presentations regarding sexual assault prevention and domestic violence.

Advisors: Ashley Boester-Dean, Ph.D., HSPP
Abby Nethaway, Ph.D.
Allison Wynbissinger

Aug, 2013 – May 2014

**Member, Career Exploration Team
Ball State University Counseling Center**

Served as a team member, providing career exploration groups to undergraduates seeking help with deciding on a career path. Provided outreach presentations to undergraduate students regarding career exploration.

Advisor: Ellen Lucas, Ph.D., HSPP

January 2014

**Co-facilitator, SAFEZONE Training
Ball State University Counseling Center**

Co-facilitated two 4-hour SAFEZone ally development training workshop for LGBTQ allies.

Feb, 2013 – July 2013

**Member, Ball State University Community Outreach Team
Ball State University**

Served as a team member, assisted in developing outreach material for the Ball State Practicum Clinic. Participated in outreach designed to serve the Muncie area community.

Advisor: Donald Nicholas, Ph.D., HSPP

PEER-REVIEWED PUBLICATIONS

Hammer, J. H., & Spiker, D. A. (in press). Dimensionality, reliability, and predictive evidence of validity for three help-seeking intention instruments: ISCI, GHSQ, and MHSIS. *Journal of Counseling Psychology*.

Hammer, J. H., Parent, M. C., & Spiker, D. A. (in press). Mental help seeking attitudes scale (MHSAS): Development, reliability, validity, and comparison with ATSSPH-SF and IASMHS-PO. *Journal of Counseling Psychology*.

Lee, N. A., Spengler, P. M., Mitchell, A. M., Spengler, E. S., & Spiker, D. A. (in press). Facilitating withdrawer re-engagement in emotionally focused couple therapy: A modified task analysis. *Couple and Family Psychology: Research and Practice*.

MANUSCRIPTS UNDER REVIEW

Spiker, D. A. & Hammer, J. H. (2017). *Conceptualizing mental health literacy as a theory*.

Manuscript submitted for publication.

UNPUBLISHED MANUSCRIPTS

Spiker, D. A., Hammer, J. H., & Parnell, K. (2017). *Factors associated with men seeking couples therapy*. Manuscript in preparation.

Arnett, A., Barnum, E., Spiker, D. A., & Warner, D. (2014). *Sexual assault survivors: Dating after trauma* (Unpublished program evaluation). Ball State University.

Spiker, D. A. (2011) *Relationship among stress, rumination, coping styles and sleep quality* (Unpublished thesis). Ball State University.

PRESENTATIONS

Hammer, J. H., & Spiker, D. (2017, August). *Bifactor analysis of the Daily Spiritual Experiences Scale (DSES) across (non)religious groups*. Poster presentation to be presented at the annual American Psychological Association Conference, Washington, D.C.

Spiker, D. A., Jurrema, B., & Hammer, J. H. (2017, August). *Integrated care vs. classic care: The impact of distance and type of care on perceptions of mental health treatment*. Poster presentation to be presented at the annual American Psychological Association Conference, Washington, D.C.

Spengler, E. S., Lenger, K., & Spiker, D. A. (2017, March). *Implementation of mindfulness for clients and practitioners*. Roundtable presented at the annual Great Lakes Regional Counseling Psychology Conference, Muncie, IN.

Lee, N., Mitchell, A., Spengler, E., & Spiker, D. A. (2015). *A task analysis of withdrawer re-engagement in emotionally focused couple therapy*. Great Lakes Regional Counseling Psychology Conference, Muncie, IN.

Spiker, D. A. (2011) *Relationship among stress, rumination, coping styles and sleep quality*. 19th Annual Psychological Science Conference, Muncie, IN.

RESEARCH EXPERIENCE

Aug. 2016-Present *Factors Associated with Men's Help Seeking for Couple's Therapy*
Assessed relationship between masculinity, subjective norms, perceived behavioral control, attitudes toward help seeking, and intentions to seek help in men in committed relationships. Data collection in progress.
Advisor: Joseph Hammer, Ph.D.

Fall 2011 Member of Research Team
Assisted in research regarding sleep in relation to Theory of

Planned Behavior. Participated in research meeting, ran subjects, collected and analyzed data.

Advisor: Michael Tagler, Ph.D.

Fall 2011

Member of Research Team

Assisted in research regarding the validity of sleep measures on the MMPI. Participated in-group discussion regarding the topic, ran subjects, collected and analyzed data.

Advisors: Michael Tagler, Ph.D.

John Forbey, Ph.D.

TEACHING EXPERIENCE

Jan. 2017 – Present

Course Instructor, UK 150: Major and Career Exploration

Taught students to self-assess their interests, skills, values, and personality as they relate to the world of work; research major and career options; and successfully apply to jobs.

Graded papers and projects, and developed lesson plans.

Supervisor: Joseph Hammer, Ph.D.

PROFESSIONAL SERVICE TO THE PROFESSION

Oct. 2016 – April 2017

Committee Member

Kentucky Psychological Association Planning Committee

Participated in planning meetings and conducted outreach to increase the participation of students and faculty in the Kentucky psychology community.

WORKSHOPS AND TRAININGS ATTENDED

Nov. 2016

Psychodrama Training Workshop
Lexington, KY

Oct. 2016

Ally Development Workshop
University of Kentucky

Mar, 2015

Take C.H.A.N.C.E.S for Kids: Reactive Attachment Disorder
Muncie, IN

Apr, 2013

Safe Zone Training
SAFEZone Project at Ball State University

Sept, 2013

Safe Zone Transgender Training
SAFEZone Project at Ball State University

Nov. 2012

HIV and Psychology Basic

Ball State University

Nov, 2012 Clinical Issues with the Dually Diagnosed
Ball State University

HONORS AND AWARDS RECEIVED

2011 Awarded Psychological Sciences Departmental Honors
2011 Graduated Summa Cum Laude
2007 – 2011 Dean’s List
2007 Awarded Presidential Scholarship

MEMBERSHIPS AND AFFILIATIONS

2016 – Present American Psychological Association
Graduate Student Affiliate
2015 – Present American Counseling Association
Professional Member
2012-2014 American Counseling Association
Student Member
2011-2014 Golden Key International Honor Society
Student Member
2011-2014 Phi Kappa Phi
Student Member
2010-2012 Psi Chi
Student Member

REFERENCES

Amanda Bloom, Ph.D.
Staff Psychologist
Student Counseling Services
University of Kentucky
106 Frazee Hall
Lexington, KY 40506
859-257-8701
amanda.bloom@uky.edu
Individual supervisor

Joseph Hammer, Ph.D.
Associate Professor
Department of Education, School, and Counseling Psychology
243 Dickey Hall
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Major Professor

Timothy Hess, Ph.D., HSPP
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Individual/Group Supervisor